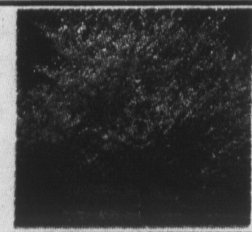




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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 42

Wednesday, July 1, 2020

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ROCKETS' RED GLARE—Fireworks light up the sky and a 50-foot by 80-foot American flag raised by two Quincy Fire Department ladder trucks at the 2019 Flag Day celebration at Pageant Field. This year's celebration was cancelled due to the COVID-19 pandemic. The Sun has traditionally published a fireworks photo in the issue leading up to Independence Day so this year the paper has selected a photo from a prior Flag Day celebration. The nation will mark its 243rd birthday Saturday, July 4th commemorates the adoption of the Declaration of Independence.

Quincy Sun Photo/Robert Bosworth

H.S. Seniors Could Face-Off This Month

By SCOTT JACKSON

A group of local parents is planning a two-day event that will feature recent graduates of the city's two high schools facing off in different sports this month, provided the state would allow such games to be played.

The Board of License Commissioners on June 23 granted Scott Campbell a special-use permit for the event, dubbed Salute to Seniors. The games would be played the weekend of July 11 and 12.

Campbell said planning for the event began in April,

after the MIAA announced spring sports would not be played amid the coronavirus pandemic. The goal is to give recent graduates from the city's two high schools one more chance to compete against each other on the field.

"It's one last hurrah to play against North Quincy or Quincy," Campbell said. "Hopefully it is something we can pull off."

The weekend's events would start at 9 a.m. Saturday with a tennis com-

petition. A boys' volleyball match could potentially be held that morning as well, provided a suitable venue could be found.

The girls' softball teams would play each other Saturday afternoon at Mitchell/McCoy Field and the baseball teams would play that night at Adams Field.

On Sunday, the boys' lacrosse teams would face-off at Veterans Memorial Stadium. Campbell said a parade — featuring the graduates on flat-bed trucks — might also

be held Sunday.

The events would include food sales from the venues' concession stands. Montilio's pizza truck is also expected on site.

Campbell said the teams would be primarily comprised of recent graduates, though some underclassmen might play as well. The players or their parents would have to sign a waiver to be eligible to participate.

"Ideally it is what would have been the varsity teams

Cont'd On Page 2

School Dept. Re-Opening Task Force

By SCOTT JACKSON

A task force comprised of school department officials, educators, parents and the city's health commissioner will meet this summer to discuss how to re-open Quincy's public schools this fall in accordance with guidance from the state.

Kevin Mulvey, the school system's interim superintendent, announced the formation of the task force during the June 24 School Committee meeting. The state

Department of Elementary and Secondary Education released initial guidance for re-opening schools this fall amid the coronavirus epidemic the following morning.

Mulvey said the task force wants to make the start of the new school year in September as smooth as possible for students and parents, whether classes are held in-person, remotely, or both.

Cont'd On Page 11

State Issues Guidelines For Schools, Students

Face Masks For Most Students,
3 Feet Of Separation This Fall

By SCOTT JACKSON

If Massachusetts schools can re-open in the fall amid the coronavirus pandemic, students would need to maintain at least three feet of separation and students in grades two and up would be required to wear masks under new guidance issued by state officials.

The Massachusetts Department of Elementary and Secondary Education on June 25 released a 26-page memo that lays out the initial guidance for school districts to resume in-person learning in the fall. The memo covers a number of topics, including distancing requirements, masks and personal protective equipment, food service, screening of students and testing

for the virus.

The state will release additional guidance later this month that will cover topics such as athletics and transportation.

In-person learning is one of three scenarios districts will need to plan for for the fall. The others are continued remote learning and a hybrid model, with some students in the classroom and others at home.

State officials want as many students to be able to return safely to the classroom in the fall as possible after spending the last three months of the past school year learning remotely.

"Parents and guardians have done their part, stepping up in extraordinary

Cont'd On Page 11



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Health Focus: Liver Blood Tests - Page 9
Job Well Done, Crime Awareness Journal - Page 10

More Quincy news:
The Quincy Sun.com

Frank Glynn Going Strong 20 Years After Cancer Diagnosis

By SCOTT JACKSON

Twenty years ago this month, Frank Glynn was diagnosed with stage four kidney cancer and was told he had just weeks to live. Thanks to a novel therapy, however, Glynn was declared cancer free less than a year later and recently celebrated his 80th birthday.

Glynn, now a retired food inspector for the city of Quincy, was initially told he had bone cancer on July 14, 2000, according to his wife, Maureen Glynn, a real estate agent. Four days later, Frank was diagnosed with stage four kidney cancer that had metastasized, or spread, to his bones. He was given just two or three weeks to live.

"We were pretty much told to go home and pack his bags," Maureen said. "We had three horrible days and then we decided we had to deal with it."

Frank's cancer specialist at the time, Dr. Therese Mulvey, whom Maureen called a "beautiful angel," was able to enroll Frank in a clinical trial using immunotherapy. The clinical trial was being led by a colleague of Mulvey who believed immunotherapy — which uses the body's immune system to target can-

cer cells — could be used to fight cancer.

"He was a firm believer that your immune system is what cures the problem," Frank said.

Frank was one of 17 men enrolled in the clinical trial. He was the only one who survived.

"They put us in the trial, but everyone was passing away," Maureen said, adding that the trial was on the verge of being discontinued.

"We were told he wouldn't see Labor Day. On September 8, we were told it was working and he was a walking miracle."

Frank was one of the first Massachusetts residents successfully treated for cancer with immunotherapy, Maureen said. Immunotherapy is now being used for other cancers; former president Jimmy Carter was successfully treated with immunotherapy in 2015 for melanoma that had metastasized to his brain.

Frank underwent surgery in January 2001 to remove his kidney and received a clean bill of health on April 20, 2001.

"It still brings joy to my eyes," Frank said, when he thinks about that day.

"Every day we have to say thank you," Maureen

said. "It was like God was there with us and we had a miracle."

"That is exactly what Therese Mulvey said," Frank added, "it took a miracle."

Frank said he approached the clinical trial with a positive attitude.

"We knew we had to try everything and when they mentioned this trial, I said 'bring it on,'" he recalled.

"His positive thinking made it work," Maureen said. "He believed in it."

Frank now goes to Dana-Farber every six months for follow-up appointments. That could be soon be stretched to annual appointments because he has been cancer-free for so long.

The Glynn's are hopefully Frank's story can serve as inspiration to others going through trying times.

"Hopefully this gives someone hope," Maureen said. "We were told we had two or three weeks and he would never see Labor Day, but Labor Day was a turnaround day for us."

She encouraged anyone who might be going through a similar situation to reach out to them for support.

"We're available to anybody," she said.



MAUREEN and FRANK GLYNN - Frank, a retired food inspector for the City of Quincy, recently celebrated his 80th birthday. He was diagnosed with kidney cancer 20 years ago this month but thanks to a novel therapy he has been declared cancer free less than a year later.

Courtesy Photo

H.S Seniors Could Face-Off This Month

Cont'd From Page 1

playing against each other," Campbell said.

The event is contingent on the state's re-opening guidelines. Health Commissioner Ruth Jones noted the state presently permits youth sports teams to practice, but contact, games and scrimmages are not allowed.

"We need to make sure we pay close attention to the state guidelines," she said.

"Right now, games are not allowed."

Jones also noted that parades are likewise not allowed at this time.

Campbell said the organizers plan to follow all necessary rules. Batters, catchers and umpires, for example, could wear protective face masks.

"We will follow any rule that we need to," Campbell said.

Inspectional Services Di-

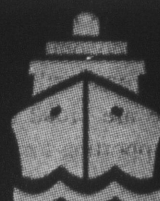
rector Jay Duca said it was important to support the recent graduates.

"This is a noble cause and the seniors deserve all the support we can give them," Duca said.

If the event is unable to take place the weekend of July 11 and 12, it could be postponed to a different weekend this summer. The new date would be announced at a future license board meeting.

MARINA BAY FERRY at Squantum Point Park

Visit Quincy, Winthrop, Boston's Seaport Fan Pier and Central Wharf ~ New England Aquarium & Financial District



Summer 2020 Schedule

Runs

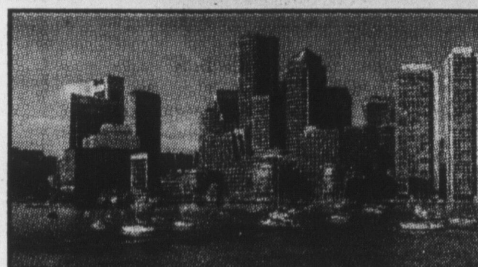
July 1 - September 30

WEEKDAY Schedule

MONDAY-FRIDAY AM DEPARTURE TIMES		MONDAY-FRIDAY PM DEPARTURE TIMES	
Winthrop	6:30 a.m. ♦	Winthrop	3:40 p.m.
Quincy	6:50 a.m. ♦	Aquarium/Financial District	4:10 p.m. ♦
Aquarium/Financial District	7:15 a.m. ♦	Seaport	4:20 p.m. ♦
Quincy	7:40 a.m. ♦	Quincy	4:40 p.m. ♦
Winthrop	8:05 a.m. ♦	Winthrop	5:00 p.m. ♦
Seaport	8:25 a.m. ♦	Seaport	5:20 p.m. ♦
Aquarium/Financial District	8:40 a.m. ♦	Aquarium/Financial District	5:35 p.m. ♦
Winthrop	10:30 a.m.	Winthrop	6:00 p.m. ♦
Quincy	10:50 a.m.	Quincy	6:25 p.m. ♦
Aquarium/Financial District	11:15 a.m.	Arrive Winthrop	6:50 p.m.
Seaport	11:30 a.m.		
Arrive Winthrop	12:00 a.m.		
Fuel No passengers			

WEEKEND Schedule

SATURDAY & SUNDAY AM DEPARTURE TIMES		SATURDAY & SUNDAY PM DEPARTURE TIMES	
Winthrop	10:00 a.m.	Winthrop	3:30 p.m.
Quincy	10:30 a.m.	Aquarium/Financial District	3:50 p.m.
Aquarium/Financial District	10:55 a.m.	Seaport	4:05 p.m.
Seaport	11:15 a.m.	Winthrop	4:30 p.m.
Quincy	11:40 p.m.	Seaport	4:55 p.m.
Winthrop	12:05 p.m.	Aquarium/Financial District	5:10 p.m.
Aquarium/Financial District	12:25 p.m.	Quincy	5:35 p.m.
Seaport	12:40 p.m.	Arrive Winthrop	6:00 p.m.
Fuel No passengers			



FERRY LOCATIONS

Winthrop	707 Shirley Street
Quincy	Squantum Point Park, Marina Bay
Boston Aquarium	1 Central Wharf Adjacent to the New England Aquarium and easily accessible to the Financial District
Boston Seaport Fan Pier	1 Marina Park Drive

Ferry arrives at each location approximately five minutes prior to scheduled departure.

TICKET INFORMATION

General Passenger Tickets	\$8.50 one way
Commuter Runs ♦	\$6.00 one way
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Children (ages 5-12)	\$3.00 one way
Children under 5	FREE

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Councillors OK Fines For Health Code Violations

First-Time Offender Subject To \$25 Fine For Violating Six Sections Of State Sanitary Code

By SCOTT JACKSON

City councillors unanimously approved an ordinance that grants the city's health commissioner the ability to assess fines for violating certain sections of the state sanitary code.

Council President Nina Liang had introduced the ordinance on May 18. Her colleagues approved the measure on June 15.

The ordinance gives the health commissioner the ability to assess fines for violating six sections. Those

sections concern standards of fitness for human habitations, recreational camps for children, swimming pool, bathing beaches, disposal of infectious or physically dangerous medical or biological waste, and food establishments.

A first-time offender is subject to a \$25 fine and fines would increase for repeat offenders. A fifth or subsequent offense would be subject to a \$300 fine.

Liang said she worked with Health Commissioner

Ruth Jones to draft the ordinance after the Walmart on Falls Boulevard was shut down for a week after a number of employees contracted COVID-19, including one who died from the disease.

"This is an item I had submitted after having some conversation with Ruthie, our health commissioner, after the first death, unfortunately, we had at that Walmart," Liang said.

The Health Department, she said, previously had

the ability to enforce the sanitary code, but lacked the ability to assess fines for violations.

"While they certainly do have oversight in a number of different areas to make sure they are abiding by health regulations, there is no way to currently fine them," Liang said. "It puts more teeth into the work that they are doing...right now as we are starting to re-open the state and we are starting to re-open the city."

"I think we are doing a

great job in this process, we are taking the right and proper precautions, but I want to make sure that we are also giving the tools to the folks who are out there to make sure we are [following] these protocols as we re-open."

Liang had introduced a second ordinance in May that would prohibit people from placing trash bags curbside for pickup without first putting them inside an appropriate receptacle, citing the "significant presence of rodents in the city." Violators of the new rule would be subject to a \$50 fine.

In addition, the ordinance would require the owner of a dumpster to have in place a rodent control plan - including sufficient bait boxes near the dumpster.

The council did not consider the second ordinance on June 15. The council will take up the ordinance when it reconvenes in the fall.

"The one related to trash is one we are waiting until the fall to have much fuller conversation around," Liang said.

Massachusetts Sales Tax Holiday Weekend Aug. 29-30

This year's annual sales tax-free weekend will take place the weekend of Aug. 29 and 30, Gov. Charlie Baker announced. This marks the second sales tax holiday held under the new law signed by Baker in 2018 that made the weekend an annual occurrence.

Baker said local businesses, many of which have been impacted by the coronavirus pandemic, stand to benefit from the tax-free weekend.

"The annual sales tax holiday is an opportunity for us to support small businesses and consumers, and this year, it's a great way to support our economy that's been impacted by COVID-19," the governor said in a statement.

"This pandemic has created enormous challenges for the commonwealth's small businesses, and the sales tax-free weekend is one way that we can en-

courage more economic activity to help Main Street businesses and local economies."

In 2018, Baker signed legislation that makes the annual sales tax holiday permanent. The Department of Revenue today is designating Aug. 29 and 30 as the sales tax holiday under M.G.L. Chapter 64H, Section 6A.

During that weekend, the sales tax will be waived on most items priced under \$2,500 with several exceptions. The following items do not apply for the sales tax holiday exemption: meals, motor vehicles, motorboats, telecommunications services, gas, steam, electricity, tobacco products, marijuana and marijuana products, and alcoholic beverages. Lay-away sales are not eligible for the sales-tax exemption. Rentals of up to 30 days qualify for the exemption, provided they are not for

ineligible items like motor vehicles, and the rental is paid in full during the tax-free weekend.

The exemption applies to both brick and mortar stores and online retailers.

"As the commonwealth continues its phased reopening process, we recognize that many small businesses continue to face difficulties," said Lt. Governor Karyn Polito. "We are proud that our administration worked with the legislature to enact legislation making the sales tax holiday permanent and look forward to this year's tax free weekend and the economic activity that will come with it."

"We are proud to continue supporting local businesses and consumers as we work with our colleagues in the legislature to navigate the evolving COVID-19 environment while adhering to public health guidelines," said Secretary for Adminis-

tration and Finance Michael J. Heffernan. "The upcoming sales tax holiday will be an opportunity for people throughout Massachusetts to help support local companies' and generate much needed economic activity."

The Massachusetts Fiscal Alliance welcomed Baker's decisions.

"Though the sales tax holiday was signed into law as a legally required annual occurrence, the current pandemic certainly cast some

uncertainty on whether retailers would actually see it happen. Governor Baker did the right thing by setting the date early and allowing businesses time to prepare," said Paul Craney, a spokesman for the group.

"Retailers have been hit especially hard by this pandemic. With any luck, the sales tax holiday will begin the healing process for them and start bringing back customers who have grown accustomed to traveling out

of state to make their purchases.

"If we're really serious about jumpstarting this sector of our economy, serious consideration should be given to expanding the sales tax holiday and extending it to meals as a boost for our struggling restaurants. Other states are serious about getting these sectors of their economies moving again, it's time for Massachusetts to join them."

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Moments in time

THE HISTORY CHANNEL

• On July 14, 1798, Congress passes the Sedition Act. The act permitted the prosecution of individuals who voiced or printed what the government deemed to be malicious remarks about the president or the U.S. government.

• On July 19, 1879, Doc Holliday commits his first murder, killing a man for shooting up his saloon. Despite his reputation as a deadly gunslinger, Doc Holliday engaged in just eight shootouts during his life, and killed only two men.

• On July 17, 1920, Nils Bohlin, the Swedish engineer and inventor responsible for the three-point lap and shoulder seatbelt, is born. Before 1959, only two-point lap belts were available in automobiles.

• On July 18, 1969, after leaving a party on Chappaquiddick Island, Sen. Edward "Ted" Kennedy of Massachusetts drives an Oldsmobile off a bridge into a tide-swept pond. Kennedy escaped the submerged car, but his passenger, 28-year-old Mary Jo Kopechne, did not. The senator did not report the fatal car accident for 10 hours.

• On July 13, 1985, at Wembley Stadium in London, Prince Charles and Princess Diana officially open Live Aid, a worldwide rock concert organized to raise money for the relief of famine-stricken Africans. The 16-hour "superconcert" was globally linked by satellite to more than a billion viewers in 110 nations.

• On July 16, 1995, Amazon officially opens for business as an online bookseller, eventually selling everything from groceries to furniture. Founder Jeff Bezos initially dubbed the business Cadabra (as in abracadabra), but after someone misheard the name as "cadaver," he switched to Amazon.

• On July 15, 2006, San Francisco-based podcasting company Odeo officially releases Twitter -- later changed to Twitter -- its short messaging service (SMS) to the public. The free application allowed users to share status updates by sending one text message to a single number ("40404"). During development, one engineer suggested calling it FriendStalker. (c) 2020 Hearst Communications, Inc. All Rights Reserved

Four On Springfield Dean's List

Four students from Quincy are on the Dean's List for the spring semester at Springfield College.

They are:

Kelsie Dwyer who is studying health science;

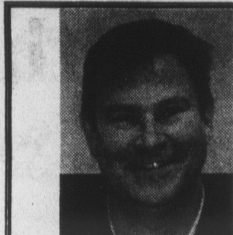
Bailee Carey who is studying health science and pre-physical therapy; Alexandra MacPherson who is studying health science and pre-physical therapy; and Steven Cyfeku who is studying psychology.

Two On RIT Dean's List

Two students from Quincy have been named to the Dean's List for the spring semester at Rochester Institute of Technology in Rochester, N.Y.

They are:

Sammy Sit who is in the computing and information technologies program; and Stephen Cook who is in the software engineering program.



Son Beams

By ROBERT BOSWORTH

Remembering Bruce Marquis

I'm not sure exactly when I first met Bruce Marquis.

But I remember the impression he gave me. And will never forget it.

It was probably at Veterans' Memorial Stadium sometime in 2017. Bruce knew I was the publisher of *The Quincy Sun*, walked toward me and introduced himself.

"Hi Bob, I'm Bruce Marquis. I'd like to cover some high school football games if you need a correspondent."

It wasn't really what he said that pleased me but how he said it. He had a genuine enthusiasm in his voice. Like a recent college grad landing their first job.

"Yes, of course, I could use a hand with the sports coverage. There's a lot of teams to cover between two high schools."

I was familiar with Bruce Marquis at the time and realized I had a gem of a person who wanted to do some work for us. He was the former franchise holder of the Squantum Storm youth football team and an esteemed member of the youth sports community here in Quincy. Respected and beloved by everyone he met.

Bruce then flashed his 100-watt smile and replied, "Wonderful. Thank you. I can cover North Quincy football for you -- and some Quincy games, too if you want."

I told him we usually cover just the home games for both the Presidents and Red Raiders; road games are rare because of travel outside the city and limited staff.

His response underscored the essence of Bruce Marquis.

"Well, I'll be going to all of the North Quincy games -- even the road games. I can call the Quincy coach (after their games) when there is a conflict and get you the Presidents' story that way... but I'm definitely attending all of the Red Raider games."

"My grandson Josh will be suiting up for North Quincy and I don't want to miss a minute of those games."

Family and football were interwoven fabric of Bruce Marquis. But family always came first.

Bruce covered more than two dozen games for *The Sun* since joining our staff in the fall of 2017. He never missed his grandson play and he always turned in his write-ups on time.

Some high school foot-



BRUCE MARQUIS with his grandson and former North Quincy football captain Josh Dangora at the 2019 Thanksgiving Day football game at Veterans' Memorial Stadium. Bruce, who covered high school football games for *The Sun* in 2018 and 2019, died June 22. He was 76 years old.

Quincy Sun Photo/Robert Bosworth

ball games can stretch three hours with time outs, injuries and scoring. Then the extra time that's involved after the game interviewing players and coaches. And then the drive back home to East Bridgewater to start writing his game recap. He was as reliable as the sun set -- always making deadline -- well before the cut-off, too.

Last season, the 2019 football campaign, Bruce was eager to watch and write up as many Quincy and North Quincy games as he could.

"Josh has graduated and I'm free to cover whatever games you want," he told me before the season kicked off last fall. "I'm looking forward to watching both squads."

He was fully enjoying high school football last fall when health problems sidelined him. Bruce never wrote another story for us but I did see him at the Quincy-North Quincy game last Thanksgiving. We shared some time together and he asked me to take a photo of him with Josh before the game. The photo shows both with big smiles, happy to be together on Thanksgiving at the traditional NQ-Q game.

Bruce Marquis passed away June 22 at the age of 76 with family by his side. His obituary appears on Page 23.

His passing has saddened admirers and friends who have offered and expressed their love and support to the Marquis family at this difficult time.

I was fortunate to share time with Bruce away from the football field earlier this year. We had become pretty good friends the last year or so. In early January, he asked me if I could print and frame a photo that I took of the Hancock-Adams Com-

mon decorated for the holidays. The photo was taken from the bell tower of United First Parish Church and appeared in *The Sun* last winter.

Once I had the print, Bruce invited me to his business in East Bridgewater on a Saturday in January. He showed me around and introduced me to staff. Then for hours we talked and talked and talked about football, sports, politics and family. He showed me some of his sports memorabilia too that he proudly hung in his pride room. Some were from the Squantum Storm's youth football championship in 2015 -- his final year as the franchise holder. It was just one of the many ways he gave back to the community and the youth he cared for greatly.

I was at that title game and took some photos and mentioned to Bruce I'd look for any other photos from that championship afternoon. I followed through and we made arrangements to meet again, this time having lunch on a Saturday in February.

One framed photo shows Bruce holding up the championship trophy as the players celebrated.

He also wanted one of Josh and himself from Thanksgiving last year. When he saw that one framed and in color, he choked up. We both got a little teary-eyed.

"Thank you, Bob, I will cherish these. And find a spot in my pride room!"

After lunch, we both drove home. It didn't cross my mind that this would be the last time I'd see Bruce. He looked good and was feeling strong. Returning to sportswriting this fall was on his radar.

Bruce also invited my

wife and me to a function that was supposed to be held in April. But the pandemic cancelled those plans.

Bruce Marquis was one of those individuals who truly touched everyone he met. His selflessness and compassion were boundless. His devotion and love of family tireless. A true gentleman in every sense of the word.

Last November, Bruce was inducted in the Quincy-North Quincy Football Hall of Fame. During his induction speech, he had a message for the football seniors who would play their final game as Presidents and Red Raiders on Thanksgiving that week.

Quoting President Teddy Roosevelt, Bruce said:

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better.

"The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

Bruce Marquis was a winner -- on and off the field.

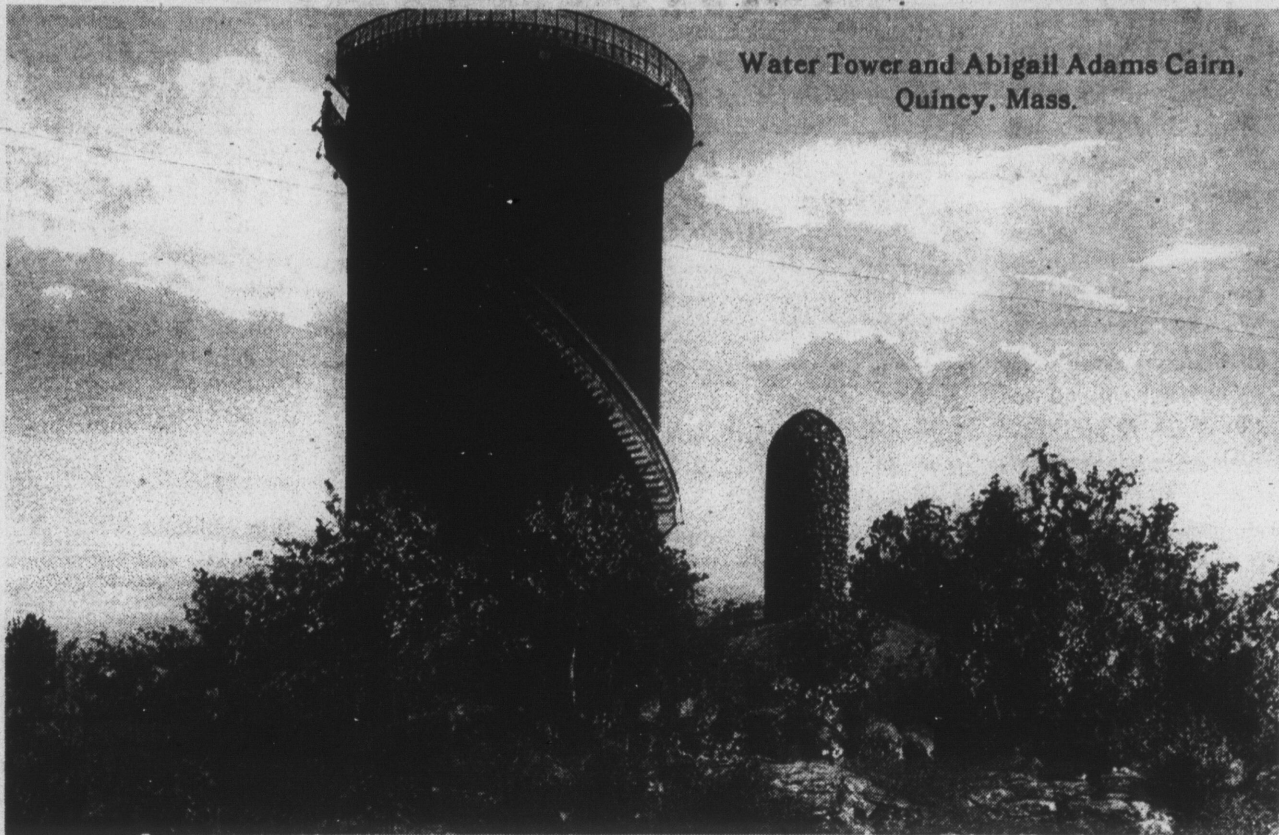
His words of wisdom and encouragement will live on forever like his memory to the many who loved him.

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Scenes From Yesterday



Water Tower and Abigail Adams Cairn,
Quincy, Mass.

THIS OLD POSTCARD is a 1915 view of the old water standpipe that was next to the Abigail Cairn on the top of Penn's Hill in South Quincy. A climb up the spiral stairway to the observation platform at the top of this water tank provided spectacular views of the entire Boston area and the Blue Hills. Built in the 1800s by the privately owned Quincy Water Company, this 60-foot high tank held over 400,000 gallons of water. The water was pumped up here from the old Quincy Reser-

voir, also known as Braintree Dam, through the company's pumping station on Penn Street. By 1900 the water company had been taken over by the city and it became the Quincy Water Department. The city then began buying its water from the newly formed Metropolitan Water Commission. The standpipe was demolished years ago and today trees and houses block views from the Cairn.

From the Postcard Collection of Tom Galvin

Quincy's Yesterdays

This Week
1970
50 Years Ago

Flood Insurance Now Available

Quincy homeowners now have the official go-ahead to purchase low-rate flood insurance under a federally subsidized program.

Letters are going out from Mayor James R. McIntyre's office to an estimated 1,000 owners of trouble area properties instructing them on how to obtain the insurance.

Quincy is the first city in the state to be approved for the program under which owners of single to four-family dwellings may obtain the financial flood protection at a rate of \$4 to \$5 per \$1,000 coverage.

"Until now it had been impossible to get flood protection because the high insurance rates were prohibitive," Mayor McIntyre said.

FINNISH PRESIDENT

TO BE INVITED TO VISIT QUINCY

Mayor James R. McIntyre is inviting President Urko Kekkonen of Finland to visit Quincy this month. President Kekkonen will make an official visit to the United States and is expected to fly to Fitchburg from Washington, DC on July 15 to inspect the United Cooperative Summer Festival there.

"If President Kekkonen's visit to Fitchburg is firmed up, I will invite him to stop in Quincy," said McIntyre. "It wouldn't take him that far out of his way. We have a large Finnish population in Quincy of whom we are proud. They have helped make Quincy the great city that it is," McIntyre declared.

QUINCYISMS

Kenneth P. Fallon, Jr., vice-president in charge of sales for Radio Station WJDA, Quincy, was scheduled to be installed as Supreme Counselor (International President) of the Order of United Commercial Travelers of America at the group's 83rd Annual Convention in New Orleans... **Harold S. Crowley, Jr.**, 3 Flagg St., Wollaston, was appointed to the Conservation Commission by Mayor James R. McIntyre... **Miss Jean Fossati** and **Mrs. Margaret King**, teachers in the Quincy Public School system, were attending the 108th Annual Convention of the National Education Association in San Francisco... The "Grand Opening" of "Beauty Time," located at 1466 Hancock St., Quincy Center, was scheduled for July 6. Introductory prices included a "Haircut for only \$2"... The Quincy High School Class of 1965 was planning a fifth-year reunion to be held at the South Shore Country Club in Hingham. Members of the class may contact **Daniel Raymondi**, class president, for further information... **Mr. and Mrs. Joseph Nichol** celebrated their 30th wedding anniversary at a surprise party given by their children. The event was held at the Houghs Neck American Legion Post Home. The couple was married by Mrs. Nichol's brother, **Rev. John Duffy, CSSR**. Mr. Nichol had been a member of the Quincy Police Department for over 20 years while Mrs. Nichol was employed by Montilio's Bakery. The couple has four children and six grandchildren... **Arthur R. Curtis** was elected by the Congregation to the position of Associate Minister at Bethany Congregational Church. Rev. Curtis was a graduate of Boston University School of Theology... Quincy Minit Car Wash, 459 Southern Artery, was advertising "Custom Car Washes for \$2.25"... Wollaston Federal Savings and Loan Association, 15 Beach St., Wollaston, was offering a 5 1/2% per annum interest rate: "On Our New 90-Day Special Notice Account"... **Robert F. Denvir, Jr.**, 11 Spring St., was elected president of the Houghs Neck Community Council for the year 1970-1971. He succeeds **John Powers**. The Council, at the request of **Leo J. Kelly**, a member of the Sgt. Grenham Youth Center Board of Directors, voted to become the official sponsor of the center... At Brett's Package Store, West Squantum St., Montclair, a full part of "Colonel Quincy, Blended Whiskey" was selling for \$4.69... **Rep. Clifford H. Marshall** has endorsed legislation, which if passed, will create an executive office of elder affairs, headed by a cabinet level secretary... **MDC Detective Leo A. Papile** received high departmental honors from **MDC Commissioner John W. Sears** for his role in helping to solve the shooting of **MDC Officer Edward G. Sullivan** on January 12, 1970.

READERS FORUM

Thank You For Correcting Dangerous Traffic Pattern

On behalf of the South West Quincy Neighborhood Association, I would like to publicly thank Andrew Johnson, Ward 5 resident and a sophomore at Boston College High School.

Andrew recognized the dangerousness of Kidder Street being a two-way street, with the increased number of children, housing and cars now parking on Kidder Street. Including

a crash that occurred in the recent past when a car tried to enter Quarry Street from Kidder Street resulting in a school bus crashing into a house. Andrew brought this to the attention of city officials, ward councillors as well as Mayor Thomas Koch to make Kidder Street One Way.

As a result of Andrew's original initiative, and the collaboration of the Neigh-

borhood Association, our city councillors and City Traffic Engineer Allison L. Ruel, P.E., the traffic pattern is being corrected. Confirming this action the neighborhood received a letter dated June 16 from Ward Councillors Brian Palmucci and Charles Phelan stating that pending changes to Kidder Street are being corrected and is on the agenda of the Parking and Traffic staff.

It is rewarding for a citizen to learn what our young people can accomplish with the collaboration of city officials who can make things happen in the city. Again, I wish to thank Andrew Johnson, the City Councilors and our Traffic Engineer to address and correct this dangerous traffic pattern.

Anneli Johnson
Garfield Street
Quincy

Shame On Elected Officials Not Present At Police Rally

I recently had the privilege of taking part in two "Support your Quincy Police" standouts attended by friends, relatives and advocates of law and order.

What I found disheartening was the absence of our esteemed political represen-

tatives. With the exception of Mayor Tom Koch who found time to stop by and lend his support.

The absentees included the city council, school committee and state representatives plus state senator. Perhaps some had le-

gitimate reasons for their absences but I truly doubt it. But why, if 17 representatives from The ANTIFA mob could make an effort, why not the people we elect to represent this city? I don't want to hear the excuse "We have to remain impartial,"

either. Not when it comes to the men and women who keep this city one of the safest in Massachusetts. Shame on them and thanks to those who did make the effort.

Edward Spring
Ridgeway Drive
Quincy

Says ZBA Meeting Lacked Open Democratic Process

At the June 16, 2020, meeting of the Quincy Zoning Board of Appeals conducted on Zoom, the petition to approve the variance submitted by the owners of the property at 93 Grandview Ave., Wollaston, to allow them to have less than the required 85-foot frontage for their proposed building project was approved by the ZBA despite the many objections of abutters, neighbors and other residents of Wollaston Hill.

Any semblance of an open and democratic process that would typically allow dissenting opinions to be properly aired and heard

was absent: The members of the ZBA, all of whom are appointed by the Mayor, either cut participants off in mid-statement or refused to allow them the opportunity to speak altogether. Worse, there seemed to be a blatant lack of respect afforded those who wished to express their views.

We who are homeowners understand and cherish our property rights. We would never accept having those rights trampled upon by others, but those rights also imply a level of accountability, responsibility and obligation to the larger community, especially to

the neighborhood in which one owns property.

The June 16th hearing is an example of an appointed board's denying our rights as citizens to have our voices heard and our opinions properly taken into account. By all appearances the ZBA's collective mind was made up before the meeting started. If that is truly the case, why even have a hearing of the variance petition? This was a sham, clear and

simple, and a matter that transcends the mere approval of a variance.

The lack of an open democratic process at these meetings cannot be allowed to be repeated. As for the variance that was granted despite the many objections, this is not the end of the discussion.

Vincent Lee
Warren Avenue
Quincy

Maddy McBride On Dean's List

Maddy McBride of Quincy is on the President's List for the spring semester at Miami University in Ox-

ford, OH.

McBride is majoring in information systems & analytics.

USS Constitution To Host Facebook Live July 4 Celebration

To safely celebrate Independence Day during the ongoing Coronavirus (COVID-19) pandemic, USS Constitution is scheduled to host a series of presentations on July 4, using Facebook Live.

The full series of live events will run approxi-

mately three hours and will include a 21-gun salute, tours of the ship, climbing demonstrations, boarding pike drills, 19th-century gun drills, and a public trivia contest, giving viewers a chance to win one of 21 saluting battery rounds fired from the ship.

"July Fourth is one of our biggest events of the year, and we're pulling out all the stops for this virtual celebration," said Cmdr. John Benda, USS Constitution's 76th commanding officer.

He added, "Our virtual tours have received an incredible response and opened our ship to new guests from around the world—so we're thrilled to be celebrating America's birthday with all of these amazing supporters."

The event will be hosted by the ship's Facebook page: www.facebook.com/ussconstitutionofficial.

Last year, USS Constitution went underway in Boston Harbor on July 4 and used its social media platforms to run a public lottery; winners received a spot to come aboard for the cruise.

This year, the risks and

delays connected to COVID-19 prevent USS Constitution from going underway as part of its July 4 celebration.

USS Constitution closed to public visitation to reduce exposure to COVID-19 on March 14.

Since that date, the crew began offering virtual tours and has conducted more than 60 virtual tours on Facebook Live, which have received more than 1.2 million views.

At this time, no Sailors assigned to USS Constitution have tested positive for COVID-19, and USS Constitution is following all preventative guidance from the Centers for Disease Control (CDC), Department of the Defense and Navy leadership.

USS Constitution, is the world's oldest commissioned warship afloat, and

played a crucial role in the Barbary Wars and the War of 1812, actively defending sea lanes from 1797 to 1855.

During normal operations, the active-duty Sailors stationed aboard USS Constitution provide free tours and offer public visitation to more than 600,000 people a year as they support the ship's mission of promoting the Navy's history and maritime heritage and raising awareness of the importance of a sustained naval presence.

USS Constitution was undefeated in battle and destroyed or captured 33 opponents.

The ship earned the nickname of Old Ironsides during the war of 1812 when British cannonballs were seen bouncing off the ship's wooden hull.

The Museum has also temporarily closed and is

currently providing a hands-on, minds-on environment digitally during this time of physical distancing.

The USS Constitution Museum will offer special digital experiences for July 4, including videos and family-friendly activities where online visitors learn how to fold an American flag, fire a miniature cannon, and more; Information will be available on the Museum website.

The USS Constitution Museum serves as the memory and educational voice of USS Constitution by collecting, preserving, and interpreting the stories of "Old Ironsides" and those associated with her.

The Museum has also temporarily closed and is currently providing a hands-on, minds-on environment digitally during this time of physical distancing.

Social Security Matters

Ask Rusty: About Special Extra Earnings For Military Service

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizen

Dear Rusty: How do I find out if I get any extra earnings for my military service of 28 years (Navy, 1982-2011), when I begin collecting my full Social Security retirement benefit next year (in July 2021)? **Signed: Retired Veteran**

Dear Retired Veteran: First, as a fellow veteran, I want to thank you for your 28 years of military service, but I need to clarify what those "special extra earnings" are. That's not an additional amount which will be added to your monthly Social Security benefit as a bonus for serving. Rather it is an additional dollar amount which has already been added to your earnings record for the years you served in the military.

Those receiving active duty military pay have contributed to Social Security since 1957, and that record of your military pay is already on file with Social Security. But a long time ago Congress decided to bump up the recorded earnings of those with earlier military service to make it easier for them to qualify for Social Security, and to possibly provide a slightly higher benefit when the earnings from those years in the military are included in the computation of SS benefits.

To compute your benefit, Social Security uses the 35 highest earning years from your lifetime earnings record (adjusted for inflation). So, if your earnings during the years you were in the military are among the 35 years used to calculate your SS benefit, those military earnings were supplemented with an additional amount to make them up to \$1200 per year higher than you were actually paid. And that higher earnings amount possibly means a higher Social Security benefit because it could make your lifetime Average Indexed Monthly Earnings (AIME) higher (a higher AIME translates to a higher benefit amount).

In your case, an extra \$100 for every \$300 in your actual military pay should have been added to your earnings record for each year you served between 1982 and 2001 (maximum of \$1,200 for each year).

For service years after 2001, no additional "special credits" are awarded. To verify this, you may wish to obtain a copy of your lifetime Earnings Statement from Social Security and verify that your recorded earnings for 1982 - 2001 are \$1,200 more than you were actually paid while serving. And if not, you should supply a copy of your DD-214 when applying for your Social Security benefits. You can obtain a copy of your lifetime Earnings Statement online if you have a personal "my Social Security" account at www.ssa.gov/myaccount; otherwise you'll need to request a copy directly from Social Security.

For general information applicable to those who served prior to 1978, computation of their "special extra earnings" were computed a little differently. For those veterans, the maximum annual "special extra earnings" supplement was still \$1,200, but the method for computing their extra earnings was to give an extra \$300 for each calendar quarter of active duty military service. But in any case, the special extra earnings are an addition to your military pay record on file with Social Security, not an additional dollar amount added to your Social Security benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

AAA: Americans Will Take 700 Million Trips This Summer

This summer, AAA forecasts Americans will take 700 million trips, down nearly 15% compared to last July through September and is the first decline in summer travel since 2009. AAA booking trends show Americans are making travel plans, though cautiously and more spur of the moment.

"Americans will get out and explore this summer though they're taking a 'wait and see approach' when it comes to booking and are likely to book more long weekend getaways than extended vacations," said Mary Maguire, AAA Northeast Director of Public and Legislative Affairs. "When they do venture out, the greatest share of travelers - 683 million - will take to the road to satisfy their wanderlust."

Car trips reign supreme accounting for 97% of the favored mode of transportation. Car trips will also see the smallest decrease in travel volume of just 3% year-over-year. Air travel will be off by about 74%, while rail, cruise ship and bus travel will slide by 86%. Were it not for the pandemic, AAA would be projecting 857 million trips during the third quarter, a 3.6% increase over last year. By this analysis, the pandemic wiped out nearly 150 million trips this summer.

AAA travel experts have begun to see positive trends in travel, noting that hotel and rental car bookings have been gradually increasing since April. Air travel has been slower to rebound. The share of travelers making plans 48 hours to 7 days before departure - a sign that people are arranging last-minute trips - is significantly higher than normal.

With travel restrictions

lifting but social distancing still recommended, it's no surprise that 97% of summer trips are road trips. That's up from an average of 87% over the last five years. Road trips allow travelers to make their own schedule and customize stops based on comfort level and interests. For families, especially those with small children, it is an easy and less expensive way to travel. And an added benefit right now - gas prices remain low.

This summer, road trippers should plan their travel in advance using AAA TripTik - a tradition that has guided generations of road trippers with paper and digital maps. Plus, it now includes COVID-19 Travel Restriction updates.

"Beyond routing your map in advance, it is important to book hotels and plan out gas and food stops. Also, keep in mind that some national parks and attractions have capacity limits, so if there is a must-do activity on your trip, you'll want to make arrangements for these in advance," added Ms. Maguire.

When it comes to TripTik destination searches, prominent cities that typically draw large crowds are not as popular. Orlando, FL has dropped from the top searched city destination to number eight while Denver, CO makes the biggest climb from number 10 to number one: (Data based on TripTik. AAA.com searches from March 15 - June 14, 2020).

For travelers looking to

plan their Great American Road Trip, AAA recommends visiting <https://www.aaa.com/roadtrips/>.

For road trips that require an overnight stay, look for hotels with a AAA Diamond designation. For extra confidence, look for Diamond hotels that display a AAA Inspector's Best Of Housekeeping badge. Property inspections were completed prior to February. However, to meet the criteria for this award, these hotels have received top marks for housekeeping excellence for two consecutive inspections and are free of AAA member complaints.

"In light of COVID-19, AAA is revising the inspection process used in its Diamonds Program," said Ms. Maguire. "The new criteria will reflect best practices for protecting the health of hotel guests, employees and AAA inspectors."

Prior to your hotel stay, AAA recommends calling ahead to ensure your hotel is still open and asking about any restrictions or changes to the check-in process. It's likely that the hotel has reduced the number of times guests have face-to-face interactions with other guests and hotel staff. When you check into your room, remember to wipe down surfaces with disinfecting wipes. Pay special attention to surfaces such as light

switches, door knobs, faucets and remote controls.

Other modes of transportation - cruises, buses and rail - have seen the most dramatic drop in travel volume. Most cruise lines have suspended all departures until at least August 1, with only limited offerings after that. AAA, however, has noted growing demand for departures in 2021.

Rail travel offers a unique way to see the country, and AAA offers a number of itineraries to explore iconic cities as well as the National Parks and beyond at AAA.com/vacations.

No matter how a traveler gets to their final destination, AAA recommends considering these points before you go:

- Check the CDC's Covid-19 data tracker, municipal and state health departments and local news for updates on coronavirus cases and continue to do so while on the road.

- Visit AAA's Covid-19 Travel Restrictions Map at TripTik.AAA.com for the latest state and local travel restrictions.

- Pack face coverings, gloves and cleaning supplies - like disinfecting wipes, hand sanitizer - and a thermometer.

- Take all necessary travel documentation, including health insurance cards.

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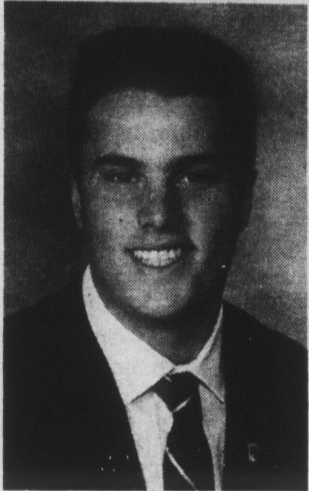
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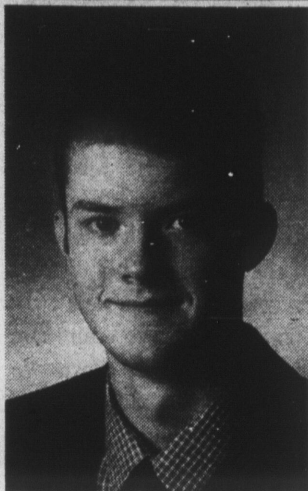
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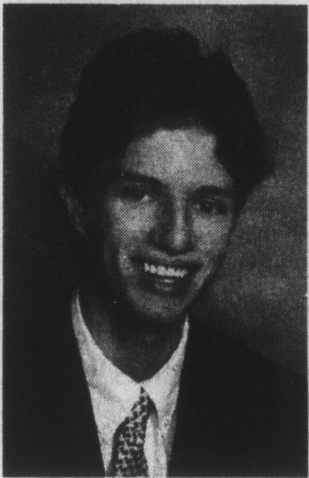
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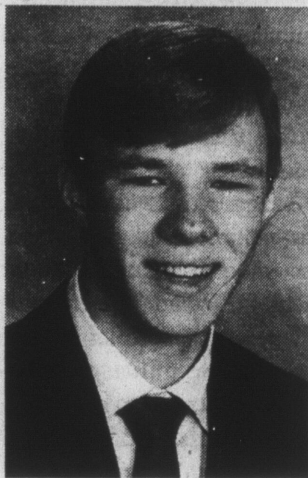
MICHAEL FONTE



FIACHRA O'FARRELL



ALEX RODRIGUEZ



JOHN M. ROPER

Five Quincy Residents Graduate Xaverian Brothers High School

Five students from Quincy are 2020 graduates of Xaverian Brothers High School in Westwood.

Xaverian has scheduled its 54th commencement ceremony for Saturday, July 25 at 9:30 a.m.

Local graduates are:

Michael W. Fonte, son of Mr. and Mrs. William M. Fonte.

Fonte will attend Merrimack College.

Fiachra K. O'Farrell, son of Mr. Desmond O'Farrell and Ms. Ciara Batt O'Farrell. O'Farrell will attend University of Massachusetts Amherst.

Alex Rodriguez, son of Mr. Armando Rodriguez of Quincy and Ms. Kimberly Dragoo of Braintree. Rodriguez will attend Quinnipiac University.



DANIEL SWEETLAND

John M. Roper, son of Mr. and Mrs. Sean Roper. Roper will attend Assumption College.

Daniel F. Sweetland, son of Mr. Robert Sweetland of Quincy and Mrs. Moira Sweetland of Canton. Sweetland will attend the University of New Hampshire.

Lindsay Bina Graduates Commonwealth School

Lindsay Bina of Quincy recently graduated from Commonwealth School.

Located in Boston's Back Bay, Commonwealth

School is an independent co-ed day school.

Tara Nguyen On Eastern CT State Dean's List

Tara Nguyen of Quincy is on the Dean's List for the

spring semester at Eastern Connecticut State University.

Nguyen majors in sociology.



KRISTIN NG



KAYLIN CHAN



KARINA LAM



JASMINE HORBURAPA

QARI Awards Community Service Scholarships

By ROCKEY CHAN
QARI Youth
Program Manager

Congratulations to this year's QARI Community Service Scholarship recipients! Every spring QARI gives seven scholarships to graduating high school students whose community service exemplified a commitment to the immigrant community. Each recipient will receive a one-time \$1,000 scholarship towards their college tuition.

The QARI Scholarship Committee reviewed many applicants this year in order to award these scholarships. QARI thanks this year's reviewers for serving on the committee and the QARI sponsors and supporters who generously donated to the scholarship fund:

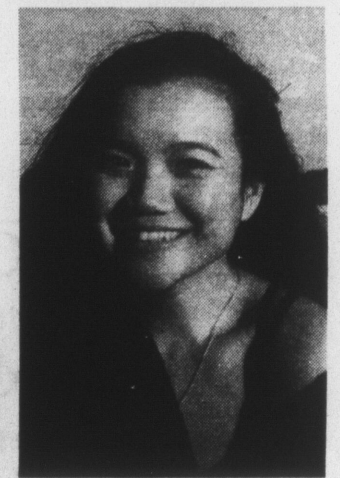
South Cove Community Health Center, South Shore Health, City of Quincy,



ALISHA TRAN



NINA BROTHERS



JESSICA LIU

FoxRock, Tufts Health Plan, Eastern Bank, State Street Corporation, Kam Man, WORK, Inc., South Shore Bank, Sunshine Travel and JP Fuji.

The recipients this year are:

Kristin Ng, Braintree High School; major: biochemistry; school: Tufts University.

Kaylin Chan, North

Quincy High School; major: engineering; school: Cornell University.

Karina Lam, Braintree High School; major: mathematics and Spanish; school: Tufts University.

Jasmine Horburapa, North Quincy High School; major: computer science; school: University of Massachusetts at Amherst.

Alisha Tran, North

Quincy High School; major: business administration with a concentration in management information systems; school: Boston University.

Nina Brothers, Braintree High School; major: international relations; school: Mt. Holyoke College.

Jessica Liu, North Quincy High School; major: biochemistry; school: Brown University.

26 Quincy Students On Fontbonne Academy Honor Roll

Fontbonne Academy announces 26 students from Quincy have earned Honor Roll status for quarter three/four.

They are:

Head of School List: Jiarui Li '21.

First Honors: Ella Connolly '23, Xuanyu Lin '23, Lily Baldwin '22, Helen Osunsanya '22, Zilu Jin '22, Kira Szilva '21, Fiona McDonald '21, Emily Kraunelis '21, Emma O'Neil '21,

Kristin Shalvey '21, Sitong Li '21, Emma Boothroyd '21 and Zhifei Lei '21.

Second Honors: Abigail

Coughlin '23, Brianna Keddy '23, Jiaqi Liu '23, Jordyn Geary '22, Tram Dinh '22, Kate Golden '21 and Emily Hutchinson '21.

Honorable Mention: Hana Coppenrath '23, Irene Kelly '22, Julia McDonald '22, Lisa Patel '21 and Jessica Danilecki '21.

Two Students On St. Sebastian's Honor Roll

Two students from Quincy have been named to the Fourth Quarter and Second Semester Honor Rolls

at St. Sebastian's School in Needham.

They are:

Owen J. Smyth, Grade

12, honors with distinction; and Donal J. O'Connor, Grade 7, honors with distinction, honors with distinction, effort.

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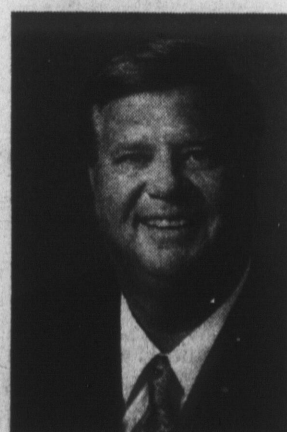
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Employment Scams Hit Those Already in Financial Crisis

By BETTER BUSINESS BUREAU

A new study released by the Better Business Bureau (BBB) finds that nearly three-quarters of those who lose money to employment scams are already in finan-

cial crisis, and do not have enough income to cover their monthly bills. In addition, more than half of people targeted by employment scams (53%) reported being unemployed at the time of the encounter.

Employment scams were the #1 riskiest scam in 2018 and 2019, according to the BBB Risk Index, which measures exposure, susceptibility, and monetary loss based on reports to BBB Scam Tracker. Only weeks

after the release of the latest BBB Scam Tracker Risk Report in early March, the COVID-19 pandemic forced the shutdown of businesses across North America. Hundreds of thousands who lost their jobs began seeking new jobs via online platforms and other means. In response, BBB launched a new research project to better understand how employment scams are being perpetrated, who is being targeted, the overall impact of these scams, and how to help people avoid losing money to them.

"This research was timely as we found that more than half of scam targets were seeking work-from-home opportunities," said Melisa Lanning Trumpower, executive director of the BBB Institute for Marketplace Trust, which produced the report. "As more people search for flexible employment opportunities following the coronavirus outbreak, they need to know that scammers are out there in force and targeting those most in need."

The Employment Scams Report examines findings from an April 2020 survey of 10,670 U.S. and Canadian consumers reporting

employment scams to BBB Scam Tracker. One surprising finding is that 65% of consumers reported that their "job offer" was related to becoming a "warehouse redistribution coordinator" or some similar titles involving the reshipment of packages (which often involve stolen goods). In many cases, these scammers impersonated well-known retailers like Amazon and Walmart to seem legitimate, posting jobs on major online employment platforms with few prerequisites or requirements.

The report also highlights those who are most at risk for employment scams. Students and individuals ages 25-34 were more susceptible and likely to be victimized, while those ages 45-54 and 65+ reported higher median dollar losses. In addition, military spouses and veterans were more likely to fall victim than non-military consumers, and reported losing significantly more money to employment scams.

"These critical findings can help guide our scam prevention outreach to those most vulnerable to these scam types," Trumpower said. "Employment scams

don't just affect those who lose money. For every victim who lost money, at least one other worked without pay, and yet another lost personal information that could lead to identity theft."

Survey results reinforced that consumer education is a critical component of fighting back against these scammers. Those who avoided losing money were much more likely to report previous knowledge of employment scams and tactics (20% versus 7%).

For tips on how to avoid employment scams, visit BBB.org/EmploymentScams.

The BBB Institute for Marketplace Trust (BBB Institute) is the charitable arm of the Better Business Bureau. Our mission is to educate and protect consumers, establish best practices for businesses, and solve complex marketplace problems. Our consumer educational programs, which include a wide array of resources on fraud prevention and education, are delivered digitally and in person by BBBs serving communities across North America. You can find more information about BBB Institute and its programs at BBBMarketplaceTrust.org.

READERS FORUM

Says City Should End 'Yakoo' Mascot

I believe it is time for the city, Mayor Koch and North Quincy High School to end the offensive Native American "Yakoo" mascot.

It is hard to believe, at this time, especially, that they should continue this disgraceful image. It is time

to repel the racism that it engenders. Even when Native Americans as well as many concerned citizens came to Quincy to raise their objections, even then the image was not removed.

It is time, Mr. Mayor, to raise Quincy's awareness

to the racial issues that are now being addressed everywhere. It is time for Quincy to dismiss the vestiges of past discriminations. Let us continue to move forward.

Virginia Dindy
Quincy

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Three Ingredient Sandwich

By MARIE

How would you like to taste a wonderful sandwich that is made with three different kinds of food – and each of those foods are equally delicious on their own?

These three foods make a killer sub or sandwich when all combined. This sandwich takes a few steps to prepare but well worth the effort as you will see if you use this recipe.

Ingredients and Directions for Each
Broccoli Rabe: Polenta: Pork Shoulder:

Broccoli Rabe

1 bunch broccoli rabe
2 tablespoons olive oil
2 small garlic cloves, diced

Wash the broccoli rabe and cut up. In the hot oil, sauté the garlic and add the broccoli rabe almost immediately. Cover, cook and stir on low heat until done (it takes about 20 minutes for the broccoli rabe to get tender enough for a sandwich). When all cooked, set aside.

Polenta:

1 package instant polenta
¼ cup of parmesan cheese
2 tablespoons of butter
¼ cup milk

Salt and pepper to taste
Garlic cloves (optional)

Make instant polenta according directions. When polenta is done add a ¼ cup of parmesan cheese, 2 tablespoons of butter and ¼ cup of milk, stir until creamy and set aside.

Pork Shoulder:

For the pork shoulder, I used salt, pepper and olive oil; however, you can season the pork any way that you want. Some of you might use garlic powder or fresh garlic cloves put in small slits in the roast. Cook according to directions or until roast looks done.

For the sandwich:

Buy crispy rolls, French bread, or any favorite artisan roll or bread.

First spread the roll or bread as you would when making any sandwich.

Use the polenta spread they way you would use mayonnaise or mustard, spreading on both sides of the bread or roll. The polenta spread is your first layer, then top with broccoli rabe. The top the broccoli rabe with the pork.

You can slice the pork or pull the pork, it's up to you. You will love this sandwich; it is absolutely delicious!

Susie's Grain-Free Turkey Meatballs

By SUSIE

These meatballs are really, really good. I have a couple of secret ingredients for these. I learned them from two different chefs.

One is the addition of Dijon mustard, which seems odd for Italian style meatballs, but really add an important enhanced flavor. (They will not taste like mustard, don't worry!).

The second is baking soda! Yes, just 1/4 teaspoon per pound of ground meat makes the meatballs lighter, and more tender. Really!

Another is coconut flour instead of breadcrumbs. This along with the egg is the binder for the meatballs. Coconut flour is very versatile, is tasteless in this recipe (Your meatballs won't taste like mustard or coconut!). I hope you like them!

RECIPE

1 pound ground turkey

1 large egg
1 shallot, minced
2 cloves garlic, minced
2 tablespoons tomato paste
1 tablespoon Dijon mustard (secret ingredient)
1 tablespoon olive oil
1 tablespoon coconut flour
1 teaspoon sea salt
1/2 teaspoon pepper
1/4 teaspoon baking soda (secret ingredient)
2 tablespoons grated Romano cheese
1/2 teaspoon dried basil
1/2 teaspoon dried oregano

Combine all ingredients well. Form into balls (I like to use an ice cream scoop) bake at 375 degrees on a parchment paper lined cookie sheet for about 20 minutes or so, depending on size.

Serve with your favorite tomato sauce.

12 Quincy Students On UNH Dean's List

Twelve students from Quincy have been named to the Dean's List for the spring semester at the University of New Hampshire in Durham, N.H.

They are:

Celia Hussey, high honors, majoring in communication.

Olivia Hussey, high honors, majoring in communication.

Caroline Fitzpatrick, high honors, majoring in

psychology.

Colleen Furey, highest honors, majoring in communication.

Lindsay Sheridan, high honors, majoring in English/Law School 3+3 BA.

Remy AuCoin, highest honors, majoring in political science.

Carly McMorrow, high honors, majoring in exercise science.

Rachel Beck, high honors, majoring in business

administration: accounting.

Alexandria Richards, highest honors, majoring in business administration: management.

Samantha Striffler, high honors, majoring in nutrition.

Nancy Aimola, highest honors, majoring in psychology.

Amber Man, high honors, majoring in business administration: marketing.

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Liver Blood Tests – What Do They Mean?

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-F

Your liver is located in the right upper portion of the abdominal cavity just below the rib cage. This organ has multiple functions that are vital to life including:

- Detoxification of blood
- Production of vital clotting factors, albumin, and other important proteins
- Metabolizing of medications and nutrients
- Processing of waste products of hemoglobin and other cells
- Storing of vitamins, fat, cholesterol, and bile
- Production of glucose

The liver produces many of the chemicals required by the body to function normally, it breaks down and detoxifies substances in the body, and it also acts as a storage unit. When the liver is damaged from disease, medication, alcohol, or other factors, a person may have symptoms of liver disease such as:

- nausea and vomiting

- jaundice (yellowing of the skin)
- fatigue
- weakness
- shortness of breath
- excessive bruising or bleeding
- swelling in the legs

Liver blood tests are some of the most frequently performed blood tests. These tests can be used to assess liver functions or liver injury. An initial action in detecting liver damage is a blood test to determine the level of certain liver enzymes in the blood. Under ordinary circumstances, these enzymes mostly reside within the cells of the liver. But when the liver is injured for any reason, these enzymes are spill into the blood stream. Enzymes help to accelerate vital normal chemical reactions in the body.

Among the most precise and widely used liver enzymes are the aminotransferases. They include aspartate aminotransferase (AST also called SGOT) and ala-

nine aminotransferase (ALT also called SGPT). These enzymes are primarily contained within liver cells and some in muscle cells. If the liver is injured or damaged, the liver cells leak these enzymes into the blood, raising the AST and ALT enzyme blood levels signifying liver disease. Other blood tests pertaining to the liver are measurements of some of the other enzymes found the liver such as alkaline phosphatase, 5' nucleotidase, and gamma-glutamyl transpeptidase (GGT).

AST (SGOT) is normally found in various tissues including liver, heart, muscle, kidney, and the brain. It is released into the serum when there is injury to any one of these tissues. For instance, AST level is elevated in heart attacks or with muscle injury. Consequently it is not a highly specific indicator of liver injury because its elevation can happen as a result of other injured tissues. The normal range of values for AST (SGOT) is

about 5 to 40 units per liter of serum (the liquid part of the blood).

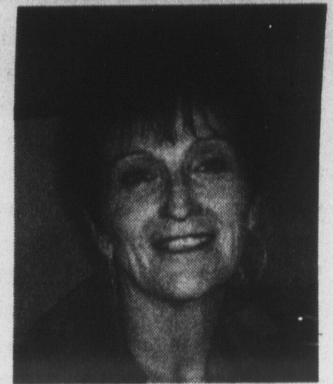
ALT (SGPT) is, by comparison, normally found principally in the liver. It is released into the bloodstream as the result of liver injury. Therefore, it functions as a fairly specific indicator of the condition of the liver. The normal range of values for ALT (SGPT) is about 7 to 56 units per liter of serum.

Keep in mind, the ranges of AST and ALT numbers may vary slightly depending on the technique and practices used by various laboratories globally. Nonetheless, normal reference ranges are routinely provided by each laboratory and printed with each patient's individual laboratory report. High ALT and AST levels may indicate liver problems, but a full evaluation by a healthcare provider is necessary to confirm this.

AST (SGOT) and ALT (SGPT) are relatively sensitive indicators of liver

damage or injury from different types of diseases or conditions. However, it is important to remember that elevated levels of these liver enzymes should not be automatically associated with liver disease. They may indicate a liver problem or they may not. The interpretation of elevated AST and ALT results should be determined by the entire clinical evaluation of an individual, and so it is best done by healthcare providers knowledgeable in evaluating liver disorders.

Additionally, the exact levels of these liver enzyme tests do not correlate specifically with the extent of liver problems or the prognosis. Therefore, the exact levels of AST (SGOT) and ALT (SGPT) should not be used to determine the degree of liver disease or predict the future prognosis for liver function. For example, a person diagnosed with acute viral hepatitis A may present with a very high AST and ALT levels, sometimes in



RUTH JONES

the thousands of units/liter range, however most people with acute viral hepatitis A fully recover without any lasting liver disease.

It is important to clarify that even though in the medical community and in medical publications ALT and AST are commonly referred to as liver function tests, they do not truly reflect the function of the liver. Even in conditions when AST and ALT are extremely elevated, the liver still may function properly.

Bottom line, if you have elevated liver enzymes or a high or abnormal liver test, you need to ask your healthcare provider exactly what all of the tests indicate specifically for you.

Ruth Jones is the health commissioner for the City of Quincy.

Baker-Polito Announce Crisis Counseling Assistance Program

As part of its efforts to support the behavioral health needs of Massachusetts residents during the COVID-19 pandemic, today, the Baker-Polito Administration announce the availability of a new crisis counseling assistance program.

The new program, MassSupport, is funded through a grant from the Federal Emergency Management Agency (FEMA) made available through the federal disaster declaration. Riverside Community Care is providing the crisis counseling under contract with the Department of Mental Health.

Riverside Trauma Center will deploy its trauma response and crisis intervention expertise in a statewide initiative to bring behavioral health resources, information, and referrals directly to individuals and communities. To reach MassSupport, anyone in the state can call 888-215-4920 to be connected with local support. Counseling is available in English and Spanish.

"The extraordinary challenges that the people of Massachusetts have faced over the last few months have been stressful for so many in various ways," said Governor Charlie Baker. "This crisis counseling assistance program will be another available resource for those who may need it, and we encourage anyone who is in need to call to receive

crisis support."

"Essential workers in many industries, from medical professionals and first responders to grocery store workers, transit providers and so many others, have worked hard in challenging conditions throughout this crisis," said Lt. Governor Karyn Polito. "While this program is open to anyone in the Commonwealth who needs support, we also remind our essential workers that this new resource is available to support their unique needs during this time."

At the outset of the program, MassSupport will both support the Mass 2-1-1 call center and will deploy outreach counselors and clinicians to provide Psychological First Aid in the form of basic education and counseling around issues related to the pandemic, and assess high-risk individuals for mental health referrals. Future expansions include the provision of more crisis counseling for the lasting effects of the pandemic, community education on coping with ongoing stress and building emotional resilience, and assistance for people applying for services to relieve crisis-related burdens.

To tailor assistance to the wide variety of needs representing diverse communities throughout Massachusetts, Riverside responders will gather input from local communities and

public health leaders, school personnel, and first responders; work with mental health providers to create networks and streamline referrals; and disseminate targeted information via outreach efforts and social media.

For additional information on the MassSupport program, call 888-215-4920, or email masssupport@riversidecc.org. Visit the web site at www.mass-support.org.

The Crisis Counseling Program is one part of the Administration's work to support the behavioral health needs of residents during the COVID-19 pandemic. On May 14, the administration announced a new awareness effort in conjunction with Senate President Karen Spilka to help people cope with social isolation. The campaign centered around "What If?" a new video promoting the power of reaching out and connecting with those who might be struggling to cope, and includes practical tips and resources at mass.gov/CopingDuringCOVID, including:

- Reaching out and engaging in virtual conversations
- Activities to stay mentally and physically active
- Joining a support group
- Calling 2-1-1 for help

The Massachusetts Network of Care is another resource available to Massachusetts residents during this time, providing a com-

prehensive, searchable online directory to help Massachusetts residents find information on behavioral health services and treatment in their communities. Network of Care Massachusetts includes a directory of over 5,000 programs

and organizations across the Commonwealth, searchable by keyword and zip code. For each listing, users can find a program description and contact information, as well as information on populations served, relevant eligibility and fee information.

tion, and more. Learn more at www.massachusetts-networkofcare.org

Residents can visit www.mass.gov/covid19 for the latest information, call 2-1-1 with questions, and text "COVIDMA" to 888-777 to subscribe to text-alert updates.

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On Thursday, June 25, at approximately 11:45 a.m., Officer King and Officer McCormack were dispatched to Gardner Road for a suspicious vehicle.

The reporting party stated he observed the occupants of the vehicle throwing trash out the window. The reporting party described the vehicle as a red Saab and provided the vehicle's registration. The reporting party further updated Quincy Police communications that the vehicle was now parked further down the street.

Officer King and Officer McCormack located the vehicle and observed it was occupied by a male passenger and a female passenger. Officer McCormack approached the vehicle along the passenger side and greeted both occupants. He advised them the Quincy Police had received a call from neighbors who reported they were throwing trash from the window. Both parties denied littering in the area.

While speaking with the occupants, Officer McCormack observed various items that indicated drug use in the vehicle: a crack pipe on the driver's seat, several chunks of white powder on the center console and a ball of copper wool which is often used in the consumption of crack cocaine. Both occupants were cooperative and stated they were not from the area and were waiting for a friend.

Both individuals were asked to exit the vehicle in order to prevent the destruction of the evidence (drugs) that were in plain view. When both parties were questioned about narcotics being present in the vehicle, they both denied any knowledge. When asked a second time, the female was forthcoming and stated there was crack cocaine in the vehicle.

Upon confirmation of narcotics being present, Officer King requested Officer Rolfsen and his canine partner to respond to the location. While speaking with both passengers, the friend they were waiting for approached the vehicle. Officer McCormack greeted the friend, who was also the registered owner of the vehicle, and informed him why the police were called. The vehicle owner became defensive immediately.

While speaking with the owner, Officer McCormack noticed he was unsteady on his feet, slurring his speech and making erratic statements which lead Officer McCormack to believe the individual may be under the influence of some type of narcotic, possibly crack cocaine.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

Officer McCormack noticed a 5-inch brown leather knife sheath looped through the individual's belt and asked the vehicle owner if he had any knives on his person. The individual denied having any knives or sharp objects and stated "You have a gun and I can't have a knife."

Officer McCormack informed Officer Rolfsen what he had viewed in the vehicle and a decision was made to deploy his K-9 partner, Archer. K-9 Archer is a single-purpose, passive narcotics canine used to sniff vehicles and individuals in regards to illicit drugs. The vehicle owner was instructed to stand still while Archer sniffed the air around him.

K-9 Arch alerted twice for the presence of drugs. Officer Rolfsen asked the individual if he had any drugs or sharp items in his possession and he stated no. The individual consented to a search of his person. Officer Rolfsen located two folding knives in the owner's right front pocket.

While Officer Rolfsen was patting down the individual's waistband, he felt a hard handle sticking from the individual's waistband and it was immediately apparent to be a large knife handle. Officer Rolfsen grabbed hold of the handle and Officer McCormack placed the individual into handcuffs. Once the individual was secured, Officer Rolfsen removed a large 5"-6" fixed double edge serrated blade from his waistband. The male tried to justify being in possession of the knife stating "You have guns and I can't have a knife."

The individual was informed that he was under arrest for carrying a dangerous weapon and possession of a Class B substance. Once the individual was informed that he was under arrest, he became verbally uncooperative and made vague threats to all officers on scene. He was transported to the Quincy Police Station by Officer King.

During the booking process, a glassine plastic bag containing a white powdery substance was located in the small pocket of his jeans, often referred to as the "fifth pocket."

That glassine bag was seized as evidence.

While tending to the individual for a medical issue inside the prison cell, the individual spat in the direction of the officers which hit one of the officers in the head. The individual continued to be uncooperative in the cell and began to splash toilet water on the floor of the cell and urinate on the floor and wall.

The 39-year-old individual was eventually charged with carrying a dangerous weapon (fixed double-edge knife), possession of Class B (crack cocaine), assault and battery on a police officer (spitting), and vandalism with a noxious/filthy substance (urine).

Good job!

SUSPICIOUS VEHICLE APPROACHING INDIVIDUALS

On Sunday, June 20th, at approximately 7:11 p.m., we (Quincy Police) received a call about a suspicious vehicle in the parking lot of the Home Depot on Willard Street. The caller reported he was approached by a couple that was looking to sell some jewelry. He described the individuals as a middle eastern male with a big build wearing a red shirt and a middle eastern female wearing a red sundress with white stripes.

The caller reported this couple was approaching other cars in the parking lot. The vehicle was described as a gray Range Rover. The vehicle was gone prior to the officers' arrival.

You may recall we received several similar complaints last year around this same time (July 2019). Typically a group of two to three individuals drive around in an SUV with out-of-state license plates and call to victims (mostly elderly Asians) walking on the street or working in their yard.

After they engage them in conversation, the suspects place jewelry on the victim's neck or wrist then use a slight-of-hand, a hug, or some other gesture to steal their jewelry. The victim is left with something worthless.

Please be vigilant and watch out for your neighbors, particularly those who are elderly. If you see suspicious behavior, please contact the Quincy Police right away at 617-479-1212. If safe to do so, try to get a description and license plate of the vehicle when calling, but do not approach them.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, JUNE 19

LARCENY (cooler), 9:05 a.m., Walmart, 301 Falls Blvd. Reporting party is right at the entrance of the store. Stated someone pulled up and took his cooler while he was shopping.

VANDALISM/PROPERTY (slashed tires), 11:02 a.m., Lawn Avenue. No suspect information. Incident closed.

SATURDAY, JUNE 20

LARCENY/MOTOR VEHICLE (past), 6:37 a.m., Newbury Avenue. Vehicle last seen at 5 p.m. in the driveway of the above address: 2009 white Honda Accord, damaged back left bumper. Caller states he has his keys with him and states he may have left spare keys in car. Does not know registration number, states he just got a new plate. Vehicle was involved in a motor vehicle hit and run in Boston. Vehicle was recovered by Boston PD prior to car being reported as stolen. Owner notified who towed vehicle.

BREAKING AND ENTERING/PAST (through window), 12:02 p.m., Mount Wollaston Cemetery, 20 Sea St. Male party tried to get in window; has description has video. Meet Scott at office in center of cemetery. Happened within half hour.

SUNDAY, JUNE 21

ASSAULT AND BATTERY (argument), 1:06 p.m., Bedford Street. Reporting party has retreated inside house will wait for assistance. Brewster notified, one to QMC. Both parties claiming the other is the aggressor.

MONDAY, JUNE 22

LARCENY/MOTOR VEHICLE (overdue rental), 9:32 a.m., Hertz Rental Edition, 686 Southern Artery. Hertz reporting their vehicle was never returned to them by party renting it. Rental company is faxing rental agreement when they return to office. Stolen vehicle entered.

LARCENY/MOTOR VEHICLE (has suspect info), 11:02 a.m., Centre Street. Registered owner dropped car off for service. While vehicle was at location, an acquaintance was allowed to take vehicle to do an errand and has not returned. Stolen vehicle entered.

LARCENY (finish work), 12:25 p.m., Southern Artery. Serviced.

TUESDAY, JUNE 23

BREAKING AND ENTERING/PAST (dwelling), 5:59 p.m., Palmer Street. Check taken and cashed. Officer said female went into her bedroom and saw it had been gone through.

WEDNESDAY, JUNE 24

BREAKING AND ENTERING/ATTEMPT (past), 9:57 a.m., Willard Street. See caller in police lobby. No info on suspects.

LARCENY (bike), 11:44 a.m., Washington Street. 789 responding to pick up abandoned bike. 789 responded and brought abandoned bicycle to station.

BREAKING AND ENTERING/PAST (dwelling), 5:48 p.m., East Elm Avenue. Reporting party came home from work to find door kicked in and frame is broken. Unsure if anyone there or took anything going to wait outside. Nothing stolen, appears dogs may have scared away.

VANDALISM/PROPERTY (tire), 8:42 p.m., Grove Street. Has possible suspect; advised officer will call.

THURSDAY, JUNE 25

BREAKING AND ENTERING/ATTEMPT (dwelling) 10:44 a.m., Hamilton Avenue. White Jeep with Washington plate just left headed down towards Barham. Party tried to break into cellar. Milton notified. Black male, white face mask. Suspect vehicle stopped by Mass. State Police on Brook Road in Milton. MSP/Milton made an arrest for revoked license. Suspect and vehicle being taken to MSP Milton Barracks. Arrest for attempted breaking and entering, breaking and entering, and two counts defacing.

UNARMED ROBBERY (just happened), 11:23 a.m., Quincy Street. Sweatpants, unsure of race, sunglasses, baseball cap. Party was in shed. Party inside the home. \$400 and a gold money clip. Party was also shoved to the ground.

LARCENY (lawn equipment), 1:04 p.m., Norton Road. In QPD lobby. Report to be filed.

BREAKING AND ENTERING/ATTEMPT (female), 3:24 p.m., Binnacle Lane. Son not on scene calling for mother; has female banging at her front door. Described as Latinos females. At apartment the window was broken by two females. Suspects left, victim not forthcoming with suspect information. AC unit pushed in in attempt to gain entry. Officer on scene to contact BCI. Reporting party advised not to touch anything until BCI comes.

LARCENY MV'S: Centre Street, Southern Artery, Newbury Avenue

BREAKING & ENTERING MV: Arlington Street, Forum Road

BREAKING & ENTERING (PAST): Hamilton Avenue, East Elm Avenue, Palmer Street, Sea Street

BREAKING & ENTERING (ATTEMPT): Binnacle Lane, Hamilton Avenue, Willard Street

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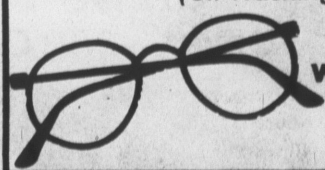
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School Dept. Re-Opening Task Force

Cont'd From Page 1

"Our focus is on our students and our families," Mulvey said. "Our goal is to make the process as smooth and as less disruptive and less anxious as possible for our students and families."

"We are hoping by the opening in September, with the guidance from the state and the governor's office, we will have a very comprehensive and effective plan in place for whatever option we have to follow in regard to re-entry in September."

Mulvey said there would be at least 19 members of

the task force, including himself. Other members include the various central office directors who comprise the superintendent's leadership team; both high school principals; one middle school and one elementary school principal; Health Commissioner Ruth Jones; a representative from the Public Buildings Department; and a teacher chosen by the Quincy Education Association.

Three parents will also serve on the task force: a representative from the Citywide PTO, one from

the Quincy Parent Advisory Council to Special Education, and one from the English Learners Parent Advisory Council.

Mulvey said the task force will consider rules for in-person, remote and hybrid learning programs for the fall. For in-person learning, he said it was possible students might be required to remain in the same classroom while teachers switch rooms. Breakfast and lunch might also be served in the classroom as opposed to the cafeteria. The task force, he

said, will also have to consider rules for specialists like art and music teachers who move between buildings on a daily basis.

In addition, Mulvey said the school department might hire permanent long-term substitutes to address potential staffing shortages.

"I know the mayor has expressed interest in that and we will be in discussions with the mayor in regard to funding for those positions, which I think will be critical because of the potential level of absences

with our professional staff, particularly those who may fall in the high-risk categories," Mulvey said.

The task force will also consider how students would be graded if remote learning resumes in the fall. While students were graded on a credit/no-credit scale during the final semester of the past school year while classes were held remotely, Mulvey said the district would prefer to return to the traditional grading method in the fall even if remote learning continues.

"The type of grading that we did during this remote COVID-19 epidemic issue will not necessarily be repeated," he said. "If we do have to maintain remote instruction in the fall, and hopefully we don't, but if we do, it is our intention to increase the rigor in the live instruction and also move into a more traditional grading."

"That will all be part of the discussion moving forward...but we certainly don't intend to repeat the type of grading...we did this year."

MA Issues Re-Opening Guidelines For Schools, Students

Cont'd From Page 1

ways virtually overnight to become educators during an enormously challenging time," Gov. Charlie Baker said. "Now, we have an obligation to do everything that we can to get kids safely back into the classroom so that they can benefit from the guidance and the experience of their teachers, other leaders and their peers."

Jeff Riley, the commissioner of the DESE, said the guidance from his department would allow in-person learning to resume in the fall.

"Simply put, our goal is to get as many students back to in-person learning with the appropriate health and safety requirements in place," he said. "This plan allows us to do that."

The DESE worked with public health experts to create the new guidance. Dr. Sandra Nelson, an infectious disease specialist at Massachusetts General Hospital, said children are less likely to acquire COVID-19 than adults, less likely to get severely ill if they do become infected, and less likely to transmit the virus to others. School closures, she added, have had less of an impact on slowing the spread of the virus than other distancing measures.

"With this understanding - and with reduced instances of COVID in our community - we do believe that it is safe for our children to return to in-person learning at school," Nelson said. "But this does not mean that we can let our guard down, either in our schools or in our

communities."

Dr. Lloyd Fisher, the incoming president of the Massachusetts Chapter of the American Academy of Pediatrics, said the organization endorsed the state's plan.

"While for most children, COVID-19 has not had the devastating and life-threatening physical health effects that have occurred in adults, the negative impact on their education, mental health and social development has been substantial," Fisher said.

"The school experience provides so much more than academic learning, and the relationships that children form with their teachers, other school personnel and their peers are critical to their emotional health and well-being."

The DESE guidance recommends six feet of distance between individuals when feasible but sets a minimum distance requirement of three feet when combined with other safety measures outlined in the memo.

The memo notes that while the U.S. Centers for Disease Control and Prevention has recommended a minimum of six feet for social distancing, those guidelines are emphasized when no face coverings or masks are worn.

In addition, the memo notes that the World Health Organization has stated three feet of separation is needed for social distancing. Denmark, France, China, Hong Kong and the United Kingdom all recommend one meter, approximately

three feet, of distance in their school re-opening plans, according to the DESE.

Nelson said there is little difference between three feet of separation and six feet of separation in a school environment.

"In settings where the transmission risk is low, such as what we would expect in a school classroom, the incremental difference in transmission risk between six feet and three feet is not very high," she said. "On top of it, we are not relying solely on distance and that is really the most important thing."

Students in grades two and up would be required to wear masks and face coverings, while students in kindergarten and first grade would be encouraged to wear masks. The DESE also recommends students be given time throughout the day during which they can remove their face coverings. Those breaks should take place when students are able to be six feet apart and would ideally be when students are outside, or at least when windows are open.

Fisher said most students would be able to wear face coverings without an issue.

"Children of all ages have had some good success with wearing masks. Are all children going to be successful? No. We know that children with certain developmental disabilities, certain behavioral concerns, are going to struggle with

it," Fisher said.

"That being said, the more that are able to wear a mask, the more we are able to reduce the transmission."

Fisher said he was happy to see students would have routine breaks during which they can remove their masks.

"I do think it is important to have these children have some time where they can take their masks off in a physically distant situation so they will be able to breathe and they will take some rest from the mask," he said.

The DESE guidance recommends that families be the ones to provide the students with masks, but districts would be required to have extra disposable masks available if needed. The DESE said grant money could be used to provide masks to students whose families are experiencing financial hardship.

Staff members, including teachers, would be required to wear masks. Other personal protective equipment is not required but would be optional depending on need. Teachers, for example, would not need to wear gloves while teaching but may need when making necessary contact with students.

The guidance further recommends that schools divide students into cohorts - small groups of students who would maintain contact with each other throughout the day. There is no maxi-

mum size for cohorts, but they would need to comply with the distancing standards.

The guidance further recommends that school districts prepare to serve breakfast and lunch in classrooms as opposed to common areas, including cafeterias. If food is served in the cafeteria, staggered schedules should be used to minimize the mixing of cohorts.

The DESE is recommending that parents screen children for symptoms of COVID-19 before sending them to school. The department said school districts should provide parents with a list of symptoms to be mindful of.

The DESE is not recommending schools screen students upon arrival, including temperature checks. Baker said health officials pushed back against that idea because there would be too many false positives or false negatives among the student population.

"With respect to kids, temperature checks will provide people with a lot of the wrong information," he said. "That will create more problems than simply having a really aggressive program with respect to face

coverings, hygiene, hand washing and an appropriate management of the school building."

In-school testing for COVID-19 is also not recommended at this time.

Upon arrival at school, students and staff would need to wash their hands or use hand sanitizer. They would also be required to do so before eating, before removing or putting on their masks, and before dismissal.

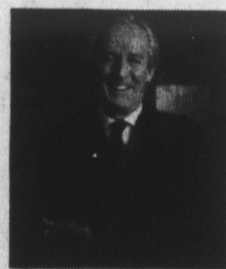
As part of the re-opening plan, each school must also have an isolation space separate from the nurse's office where students could be sent if they show symptoms of COVID-19. Students would remain there until they could be picked up by a family member.

To provide additional space to meet the guidance, the DESE memo suggests common areas within school buildings like cafeterias, auditoriums and libraries could be repurposed to provide additional classrooms; classes could also be held outdoors if possible. The department further suggests that districts could look to other places outside school buildings - such as libraries or community centers - where classes could be held.

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Real Estate

Quincy Real Estate Transactions June 22 - June 26

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Atlantic Gardens LLC	Bersani Circle LLC	\$6,813,578.37	10, 11, 17, 18, 25, 26, 29, 30 Bersani Circle
John M. & Colby Tilley	Christopher James Timmins & Lauryn MacIsaac	\$650,000.00	28 Meadow Street
Tullis Family Limited Partnership	Ramakrishna Chivukula & Soujanya Mallapragada	\$323,000.00	1025 Hancock Street, Unit 5J
Tullis Family Limited Partnership	Ming Jiang & Yang Wang	\$327,500.00	1025 Hancock Street, Unit 3F
Stephen Zalewski & Ann Herrin	Alan H. Cron & Dawn Marsico	\$670,000.00	154 & 155 Manet Avenue
Estelle Weinberger	Emily A. Troy	\$370,000.00	81 Shirley Street
Kellie Carvalho	Wei G. Mei & Hui Huo	\$599,900.00	999 Hancock Street, Unit 413
Gwendolyn Bruno	Ruth Bisschop	\$509,900.00	10 Seaport Drive, Unit 2613
Helena K. Panesis Realty Trust	Angela L. Jiang	\$270,000.00	133 Commander Shea Boulevard, Unit 219
Henry Nguyen & Xuan T. Tran	Tracey E. Mullen	\$635,000.00	22 Shirley Street
143 & 151 Hancock LLC	Allan J. & Nancy E. Salzman	\$500,000.00	151 Hancock Street, Unit 7
Jill Grozalsky	Shawn Jeon	\$415,000.00	10 Seaport Drive, Unit 2111
George R. & Carol J. Barsanti	HNQ Realty Trust	\$309,000.00	52 Shennen Street
Daniel & Shahrzad A. Sims	Phwe F. & Cynthia Tham	\$549,900.00	29 Thompson Street
Steven & Martha Moore Revocable Trust	Fatmata Sesay	\$530,000.00	125 Bunker Hill Lane
Xue Y. Zhu & Min X. Li	Ryan J. Letourneau & Ana C O Daeira	\$577,000.00	63 Prospect Avenue
Kurt Henry & Carolann Burke	Matthew S. & Nicole C. Martin	\$510,000.00	87 Hampden Circle
Thieu L. Le	Gregory Brennan & Morgan L. Fenichel	\$475,000.00	74 Arthur Street, Unit 2, Bldg 1
Mark J. & Eleanor J. Woods	John C. & Janice I. Cleary	\$533,000.00	149 Billings Street
Francis X. Kelly, Jr. & Karen M. Kelly	Margaret Kataito	\$575,000.00	17 Hawthorne Street
Patrick Hingston & Courtney Joy	Theresa N. Carenbauer	\$539,000.00	999 Hancock Street, Unit 305
David J. & Martyna M. Bloom	Daniel R. & Margaret E. Tobin	\$460,000.00	11 Riverside Avenue
Marc Friedman & Margot R. Outchunis	Michael Genovese	\$355,000.00	200 Cove Way, Unit 703-II
Azia & Mohammadi Saiyed	Don & Sang V. Tran	\$333,000.00	500 Washington Street, Unit 602
Darick W. Wright	Samuel A. Walker & Abigail L. Meachem	\$605,000.00	58 Hovey Street
Stephen Dondero	John J. Brennan	\$205,000.00	205 Independence Avenue, Unit 226
Estate of James T. Fay	Henry A. Brawley, 4th	\$400,000.00	37 Weymouth Street
Zukauskas Family Trust	Bluff Road Realty Trust	\$887,000.00	19 Harbourside Road, Unit 25
Kevin B. Cox	Jason Green & Tara Vilk	\$552,000.00	202 Merrymount Road

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Painting Kitchen Cabinets

Ask Barbara Graceffa, 'Secretary Of The Interior'

I've been thinking about having my kitchen cabinets painted. What was your experience? What should I expect? *Kitty*

Updated functional kitchens can contribute 30-50% of a home's market value. Professionally painting your cabinets will add value - not nearly as much as a larger remodel, of course - but the satisfaction level is high for homeowners and that is priceless in my opinion.

I researched companies, looked at testimonials on their websites, then contact the business I chose. The project manager came to my house to explain the process, timeline, and guarantees, and discuss price.

Before I pulled the trigger, I asked for the phone number of a client who had cabinets done 7-10 years ago so I could assess the durability. He told me his kids were hard on the finish and the edges of the cabinet doors had worn. I appreciated his honesty but since I do not have children and I had the cabinets of my wet bar painted 8 years earlier and they still look like new, I was satisfied that this was the cost-effective option for me since my cabinets were in still in excellent condition, the layout worked fine, and a simple spruce up would make me happy.

The painter took the cabinets and drawer fronts to his shop for cleaning, sanding, and spray painting several coats. Before the painter returned to my home to paint the cabinet boxes, I needed to remove the items from the front three inches of each cabinet shelf. This part - sanding and painting multiple coats - was done by hand. (Some companies will do this part with a spray gun instead which is quicker but can be a bit more disruptive for the homeowner.)

As you undertake this process, it is a good time to decide if you want new soft-close, hidden hinges, new handles or drawer pulls, and any glass-front upper cabinet doors. I opted for all three. I added new decorative knobs to four cabinets I changed out for glass fronts.

The whole process took about three weeks from start to finish with most of that as drying time. I could not be happier with the outcome. The light grey paint really brightened my windowless kitchen, but it's the glass-front cabinets I love the most.

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

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NEW SIGNAGE at Passanageset Park, a 103-acre tidal marsh with hiking trails on Town River, is part of a new beautification project by the Quincy Parks Conservancy, a non-profit group of community volunteers. The project which is underway also includes new groves of flowering trees, bushes and shrubs. Trees include the Eastern Red Cedar shown at right flowering in the spring and Tulip Trees (shown middle photo right). Resting points featuring benches are also part of the project (bottom right).

Photos Courtesy Quincy Parks Conservancy



New Groves Planted At Historic Passanageset Park

Quincy Parks Conservancy Seeks Public Support For Beautification Project

By KERRY BYRNE

A bold new waterfront project is reconnecting Massachusetts residents with Quincy's native American history while beautifying one of the city's largest and newest public parks.

Local citizens and the business community are invited to help make this vision a reality.

The Quincy Parks Conservancy, a non-profit group of community volunteers, earlier this month planted the first of what is planned to be several new groves of flowering trees, bushes and shrubs at Passanageset Park, a sprawling 103-acre tidal salt marsh with hiking trails on Town River. The park is accessible via pedestrian access points behind Broad Meadows Middle School (50 Calvin Rd.) and next to the Quincy Youth Hockey Arena (60 Murphy Memorial Dr.) off of Sea Street.

The same land in the 17th century was one of the primary summer settlements for Chief Chickatawbut and the Massachusetts natives for whom the state gets its name.

The conservancy is raising funds to plant additional groves of decorative flora and make other improvements. The groves include new walking trails with resting points for the public to sit and enjoy the natural surroundings. Private citizens and the business community can support the project at a variety of levels.

"Each dollar raised will bring us one step closer to re-building and re-beautifying this green space while paying homage to the community's impressive natural and Native American history," said Grace McAuliffe, president of the Quincy

Parks Conservancy.

The fundraising effort will allow the Conservancy to supplement the park's existing grasslands with ornamental trees, shrubs and bushes such as serviceberry trees, tulip trees and Eastern red spruce, each selected for their color and ability to attract wildlife.

The park already supports more than 150 species of birds, plus other wildlife, and a wide variety of crustaceans, shellfish and marine animals that thrive in its nutrient-rich waters. Cornell University lists Passanageset as a global birding hotspot and it is widely visited by local bird watchers and nature photographers.

"This planting project will make Passanageset an even greater haven for plant, animal and human activity," said McAuliffe. "The flowers will attract bees, the bushes and trees will welcome birds of all kinds — not to mention provide more opportunities for our communities of bird watchers. These new groves will also be attractive centerpiece for hikers who walk or jog the trails. There is even room for canoeing and kayaking on Passanageset's waterfront."

History Of Passanageset

Passanageset was a favored residence of Chickatawbut, the great sachem of the Massachusetts people. Records show that Chickatawbut's mother was buried here, leading researchers to believe Passanageset is the birthplace of Chickatawbut and his ancestral homeland.

The natives here engaged in a long list of agricultural and industrial activities, trapping and hunting game, gathering shellfish, harvesting corn, squash, beans,

greens, wild grains and herbs, along with mining, whaling, and fishing.

State researchers unearthed a rare treasure trove of native artifacts in nearby Caddy Park on Wollaston Beach in 2009, re-confirming records that coastal Quincy was a major center of life for the Massachusetts natives.

The Massachusetts people left Passanageset for Moswetuset Hummock on the north end of Wollaston Beach after being decimated by plague following the arrival of Europeans. Town River later became a center of industry and shipbuilding, while Passanageset was mined for stone and the park later covered by soil dredged from Town River. The name Passanageset passed from the history books.

The U.S. Army Corps of Engineers from 2009 to 2013 excavated dredged material at Passanageset and reduced the surface elevation to more natural levels, reintroducing tidal flushing of the salt marsh system in 2011, for the first time in many decades.

The legacy of Passanageset was brought to public light in 2014 by a group of students at Broad Meadows Middle School dubbed "the History Girls." They mustered local and state resources to recognize the salt marsh by its native name, Passanageset, introducing signage and re-introducing the park's heritage and history for future generations.

Information about donating to the Passanageset Park Project can be found here at the Quincy Parks Conservancy website (<https://www.quincyparksconservancy.org/get-involved/>).

Cont'd On Page 15



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New Groves Planted At Historic Passanageset Park

Cont'd From Page 14

The Conservancy offers a variety of sponsorship levels for those who want to help re-forest Passanageset Park.

All of the categories below will directly support the re-forestation project at Passanageset park. Specific applications may change as conditions and needs change.

Personal donations (any amount) – Every dollar raised will aid the reforestation of Passanageset Park. Your donation will be used where it is most needed and your help is greatly appreciated.

Petal Sponsor (\$100) – Supports planting a variety of indigenous and other flowering plants that will provide color to the groves at Passanageset Park, drawing honey bees, humming birds and other life essential to the park's sustainability.

Branch Sponsor (\$250) – Provides both flowering and deciduous shrubs that will enhance the look and bio-sustainability of Passanageset's groves.

Garden Sponsor (\$500) – Offer a variety of flowering plants, shrubs and small bushes to complement the tree groves and enhance the rest-a-while areas for walk-

ers, joggers and other recreational users of the Passanageset Park.

Grove Sponsor (\$1,000) – The initial phase Passanageset Park will have five to six groves containing a variety of indigenous trees that provide shade for smaller plantings and for recreational users, homes for many species of birds indigenous to the area, as well as for other wildlife, and also provide the soil sustainability essential to protecting tidal marshes.

Sustaining Sponsor (\$2,000) – At just over 100 acres, Passanageset Park is a large area that needs consistent care. Sustaining sponsors will help provide regular watering, arborist care and maintenance to sustain reforestation efforts.

Curator Circle (\$5,000) – Hardscaping will play a part in the revitalization of this treasure. Along with the many miles of walking trails and multiple planting groves, Passanageset Park will have shaded resting areas where visitors can sit to rest, or simply enjoy to beauty of the area, including its scenic waterfront views. Curators will help us establish benches, informational kiosks and other hardscaping to enhance time spent in Passanageset Park.



SERENE SCENE – Passanageset Park, a sprawling 103-acre tidal salt marsh with hiking trails on Town River, offers a relaxing spot away from the hustle and bustle of the city. The park is accessible via pedestrian access points behind Broad Meadows Middle School (50 Calvin Rd.) and next to the Quincy Youth Hockey Arena (60 Murphy Memorial Dr.) off of Sea Street. The Conservancy offers a variety of sponsorship levels for those who want to help re-forest Passanageset Park.

Photo Courtesy Quincy Parks Conservancy

John Grasselli Graduates With Honors From University Of MA-Boston

John Anthony Grasselli of Quincy recently graduated with honors from the University of Massachusetts-Boston.

Grasselli, son of Anthony and Mary Ellen Grasselli, majored in criminal justice. He will return to his alma mater in the fall to pursue his master's degree.

Two Residents Graduate Ithaca College

Two students from Quincy recently received degrees from Ithaca College in Ithaca, N.Y.

Joshua Lam graduated

with a BA in Spanish.

Robert Smith graduated with a BS in cinema photography.

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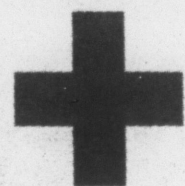
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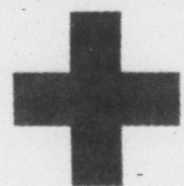
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Quincy Woman Killed In Pedestrian Crash

By SCOTT JACKSON

An 80-year-old pedestrian was struck and killed by a vehicle Friday afternoon on Southern Artery in Quincy Point.

Quincy police were called to the area of Southern Artery and South Street around 1 p.m. on Friday, June 26, for a reported pedestrian crash. Sgt. Karyn Barkas said a preliminary investigation indicates a 2017 Subaru Forrester was traveling on Southern Artery towards Washington Street when the pedestrian was struck. The pedestrian was not in a crosswalk at the time of the crash, Barkas

said.

The pedestrian, identified as 80-year-old Julie Fisher of Quincy, was taken to South Shore Hospital in Weymouth where she succumbed to her injuries.

The driver of the Subaru, a 73-year-old Quincy man, was taken to Quincy Medical Center with what appeared to be minor injuries.

The Quincy Police Crash Reconstruction Unit is investigating the incident. If you have any information that may assist in this investigation you are asked to contact the Quincy Police Department at 617-479-1212.

Summer Reading Programs For Kids, Teens at TCPL

Quincy kids age 0-12 and teens in grades 7-12 are invited to participate in Thomas Crane Public Library's online summer reading programs, which are running Wednesday, July 1 to Friday, Aug. 28.

This year's theme is Imagine Your Story, and like previous years, the library is using the Beanstack platform to track reading, activities, and program attendance. If patrons already have a Beanstack account, there's no need to create a new one, just choose Summer Reading when logging in. Parents can create accounts and log in for children too young to do it themselves.

There will be prizes and online programs and activities. This month, the library

will host a virtual puppet show, balloon magic show, mermaid storytime, Avatar: the Last Airbender trivia, a Harry Potter birthday party, and more for younger kids. Teens will enjoy online karaoke, trivia, an escape room, and more.

Watch the library's Events Calendar to find out when and where online the programs will be. Teens should follow the teen Instagram page @teensatcpl, as that's where the most up-to-date information and many programs will be.

For kids in 7th grade and under, parents should visit the library website and Children's Room at TCPL Facebook page for any updates. Watch the trailer describing the program for young kids.

Brian Cantor On USF Dean's List

Brian Cantor of Quincy has been named to the Dean's List for the spring semester at the University of South Florida, College of Business.

Cantor, a sophomore, is a graduate of Xaverian Brothers High School and is the son of Ms. Joann Sullivan Cantor.

HarborOne Bank Commits \$10,000 to NeighborWorks Housing Solutions To Expand COVID-19 Services

With the COVID-19 pandemic exacerbating the financial state of many individuals and families, NeighborWorks Housing Solutions, the leading housing service provider in southern Massachusetts, recently received a donation of \$10,000 from HarborOne Bank to continue and expand providing crucial services to assist those in the Brockton community.

HarborOne Bank has served the financial needs of

businesses and institutions to support, encourage, and help champion the advancement of individuals and families throughout the region. The donation to NHS will help address the needs of individuals and families in the Brockton community who have been directly affected by COVID-19 with their provided services.

Among the services NHS provides is administration of the state's Rental Assistance to Families in Transition

(RAFT) financial assistance program. This program helps eligible homeowners and renters by assisting with back mortgage payments, rent, utility bills, and other costs to prevent foreclosure or eviction.

NHS continues to offer first-time home buyer classes (which are now online and free of charge), foreclosure counseling as well as landlord services, financial counseling, rental assistance, and other housing resources to those in need of help as well.

NHS also recently established a Housing Hotline (781-422-4208) for individuals or families with questions regarding evictions or foreclosures. All call lines

offer assistance in multiple languages. In addition to the monetary donation, HarborOne Bank is also leveraging the support of their staff to help address the increase of calls and support requests.

"We are extremely grateful to HarborOne Bank for their donation. There has always been a need for our services, but the pandemic has caused more families and individuals to look to us for help," said Robert Corley, Chief Executive Officer of NeighborWorks Housing Solutions. "As we all work through the challenging effects of this pandemic on our community, I'm grateful for the partnership we have with HarborOne."

Nathan Sleiman Nominated To U.S. Naval Academy

Cong. Stephen F. Lynch announces the nomination of Nathan Sleiman of Quincy for appointment to the U.S. Naval Academy.

Sleiman, the son of Ally and Leann Sleiman, is a 2020 graduate of St. Paul's School.

As part of his congressional duties, Lynch nominates exemplary candidates to the service academies each year.

"These candidates are the best of the best, and I am proud of their desire to serve our country," said Lynch. "The academies graduate leaders who will guide our nation into the future and the men and women who attend the academies are entrusted with the greatest responsibility - to serve and protect the United States of America."

Sleiman was highly recommended by his teachers at St. Paul's School.

"He is a remarkable young man, and we are fortunate that young people like Nathan are willing to serve our nation," Lynch said.

Lynch and his congress-

sional liaison to the U.S. Service Academies, Bob Fowkes, examined each candidate's record of academic, athletic, and service achievements in addition to evaluating letters of recommendation. After an extensive review process and a personal interview, Sleiman was selected as someone whose scholastic record and community contributions elevated him to the top of a list of well-qualified candidates.

"There were many impressive candidates this year for the United States Naval Academy," Lynch said. "Nathan stood out as a young man of keen intelligence and strong character. He is a wonderful reflection of his parents, Ally and Leann. The Sleiman family, the City of Quincy, and the entire Commonwealth of Massachusetts should be proud of Nathan in this achievement."

Students interested in attending one of the U.S. Service Academies should contact Bob Fowkes in Congressman Lynch's Boston office at (617) 428-2000.

14 Quincy Students On URI Dean's List

Fourteen students from Quincy are on the Dean's List for the spring semester at the University of Rhode Island in Kingston, R.I.

They are:
Toni Alvarado, Lizzy Bell, Caeli Bench, Pat

Burke, Charlotte Chretien, Thomas Feeney, Ronnie Halperin, Thomas Kelly, Alyson Linik, Colin Maloney, Isabel Murphy, Mileena Nguyen, Ashley Philibert and Olivia Salvucci.

Alexander Kennedy On Dean's List

Alexander Kennedy of Quincy has been named to the Dean's List for the spring semester at Coastal Carolina University in Con-

way, S.C. Kennedy is a recreation and sport management major.

RELIGION

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, continues its online remote worship service Sunday.

Pastor David Choi will preach his sermon: "Wisdom of Humbleness" (Ecc 7:1-4).

The following is the church online dial-in/web meeting weekly schedule:

- Sunday 10:30 a.m. - worship service.

- Wednesday, 6:30 p.m. - community group meeting; Gospel of John.

- Thursday, 6:30 p.m. - Bible classes; Epistle of Paul to Romans.

- Friday, 11 a.m. - prayer group meeting.

Go to the Home page of the church website: www.firstbaptistchurchofwollaston.org/ to join our online Sunday worship service and activities.

Bethany Congregational Church

Bethany Congregational Church is continuing its video ministry with a full church service available on Sunday mornings.

You can go to the Church website: bethanycongregationalchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other information about what's going on in the church.

Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

If you would like to

participate in the ZOOM coffee hour at 10:30 a.m. Sunday mornings, contact the church office (617-479-7300) and let them know to put you on the list to receive meeting information.

Bethany Church is planning to re-open on July 19th with regular Sunday services, as well as continuing the virtual services for those who feel more comfortable staying home. Social distancing and masks will be required.

If you would prefer to stay at home, the on-line services will also still be available on YouTube and through the church website.



The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability. Due to COVID-19, we will offer the same service by providing both breakfast and lunch at eight emergency feeding locations.

Breakfast & Lunch Service: Monday—Friday

11 am to 12 pm - July 6 through August 21, 2020

Please note the following guidelines that will continue to apply to protect participants from exposure to COVID-19:

'Grab and Go' breakfast & lunches with milk will be provided each day.

All locations will operate in a non-congregate manner. Please take your meals and kindly leave the premises. This is to ensure your safety.

Kids who are age 18 years old and under may have both breakfast & lunch.

Parent/guardian can pick-up meals on behalf of their child or children.

Kids/parents can go to any one of nine locations across Quincy.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School gym entrance

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

Quincy High School cafeteria

North Quincy High School gym entrance (Hunt St.)

Atherton Hough Elementary School cafeteria entrance

Clifford Marshall Elementary School entrance

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Kickin' It: Kari Wismar Brings Fun To Brandeis Soccer

By LIAM GAMBON

Kari Wismar moved to America from Japan when she was two months old.

The Brandeis University midfielder's mother is both Japanese and Brazilian, while her father grew up in Rochester, N.Y. before moving to Quincy.

Growing up, she participated in activities like ballet, taekwondo, and softball. But soccer was always the sport she was hooked to since she was seven years old.

"My family would always be watching soccer since I was really little," Wismar said. "I just always had a love for the sport from a young age."

That love carried to Quincy High School, where Wismar was a key piece of the Presidents' varsity soccer team from the moment she was a freshman.

At the end of her junior year, she had knee surgery for dislocating her knee cap. As a result, in her senior year as a captain of the Presidents, she missed half of the season, but came back and got the game-winning goal against rival North Quincy.

It was the first time in 27 years that Quincy had defeated the Red Raiders.

"That was probably one of my favorite moments in my career," Wismar said. "It felt great, because I worked really hard to get back into shape."

Before her heroics with Quincy High, Wismar started playing in-house for Quincy Youth Soccer when she was seven. Once she was eight, she started playing for America FC.

"That's where I think most of my growth as an athlete stemmed from," Wismar said. "AFC has a



QUINCY'S KARI WISMAR (right) in action for the Brandeis University women's soccer team. Courtesy photo

really great group of coaches that allow you to be the player that you want to be."

She also played for the Quincy Travel team around that time, and when she was 14, she played for the Massachusetts Olympic Development program.

"That was great, because I got to play more with people that also wanted to play college soccer and had a similar mindset to myself," Wismar said.

But just before that, at 12 years old, Wismar played for the boys' team at America FC.

Conrad Whyte was the coach of that team and he had a lot of prior experience in the game as he received the golden boot in Antigua. Wismar did a lot of one-on-one training with him which improved her technical skills. Now, he is the head of the club and an assistant coach at Merrimack.

"He's definitely a tough guy and he's not afraid to share his opinion on how you need to improve as a player, which is what I needed," Wismar said. "He's definitely someone that I believe helped me get to that next level of playing."

When she was 14, along with her time at the Olympic Development program, she played a season for Global Premier Soccer.

At 15, she started playing for NEFC. She played for them until graduating from high school. Around the same time, she played for the Rhode Island Olympic Development team.

"NEFC was the next level for me and I got to grow even more as a player and given the exposure that I wanted for college recruitment," Wismar said. "We ended up winning the Rhode Island State Cup in 2018 and went to Colorado for the

National Championship."

After all this experience and her time at Quincy High, Wismar ended up at Brandeis University.

She first started talking to Brandeis when she was a sophomore.

"I first saw Kari play at the NEFC showcase. She reached out and I attended one of her games. During the game, I saw how creative she was and her ability to take players on," Brandeis assistant coach Mary Shimko said. "That sparked my initial interest and then her character showed through. She came to campus and was incredibly kind and respectful and connected well with the team and coaches."

During her visit, she got to meet most of the team and go to a couple of classes. In her senior year, she finally did an official visit.

"From there, I knew that I wanted to go to Brandeis. Seeing the amount of team chemistry they had was amazing," Wismar said. "Brandeis is athletically and academically strong. It's listed at the moment at #40 for top colleges. I knew that I would not be able to get another opportunity like this from any other school."

After committing to

Brandeis in her senior year of high school, Wismar joined a team that went to the Final Four of the NCAA tournament two years beforehand. Most of the players from that time were still on the team.

Despite having not recorded a goal in her first two years at Brandeis, her assistant coach sees something beyond the surface.

"She's been working hard in the off seasons and she's gonna find the back of the net," Shimko said. "You'll start to see her becoming more dangerous in front of the net which we're really excited about."

But the game goes beyond just stats at Brandeis. Everyone on the team is great friends and they are always going to the library together or grabbing food. They know when to joke around and have fun, but when it comes to practice and games, they all know that it is time to work.

Due to playing in one of the top leagues in D3, the UAA, they play teams like NYU, Carnegie Mellon, Wash U, Emory, Rochester, U Chicago, and Case Western. In order to get into the NCAA tournament, they essentially have to be in the

top 2 or 3 of the league.

What Wismar brings to a team trying to make it to the big stage is not as simple as stats.

"She's a silent leader who never complains or gets frustrated. She's a super fun, down to earth, kind person," Shimko said. "Whenever we have new players or recruits, she's super warm and welcoming. She brings composure and calmness to the team."

And if you bring up her dog, her face will light up.

But something else that will always make her face light up is the game of soccer.

"It has pretty much been my entire life and I believe has shaped me into the person I am now. I've got to meet all different kinds of people from different backgrounds and I've got to travel to many different places," Wismar said. "I feel very fortunate to be in the position that I am in now and I believe that it will continue to help me moving forward with my career."

If you ever travel to Waltham, Mass and can catch a Brandeis game, keep an eye on number 10 going forward.

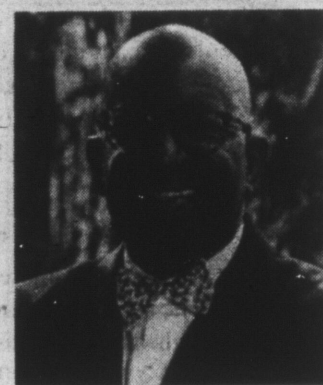
John Cain Seeking Chairmanship Of Quincy Democratic City Committee

On Wednesday, July 8th, via ZOOM, the Quincy Democratic Citywide Committee will hold its reorganization, and nominate to elect, and re-elect officers.

John Cain, the Ward 3 Democratic Committee chairman, is seeking the nomination for the chairmanship role.

"I'm committed to expanding, and bringing new energy to Quincy's Democratic Party," Cain says. He said he would focus on forming a more inclusive bond with the other (5) ward chairs, for some of the following priorities:

- Listen, and understand each ward's goals and objectives, and make sure that the citywide committee represents, and understands its importance.
- Include action items on all citywide agenda, representing each ward.
- Create a welcoming environment for all current and new Democratic members, offering equal participation.
- Set up agendas based on consensus and surveys.
- Introduce a welcoming strategy to motivate all Democrats to consider running for political office.
- Discourage endorsement of candidates, and promote the introduction of all Democratic candidates.
- Create a monthly distribution of democratic activities and information.
- Re-define the purpose of the Quincy Citywide Democratic Committee, to function as a support and ideas vehicle, allowing each ward to focus on its priorities.



JOHN CAIN

ties.

• Introduce 21st century technology programs to members of the Quincy Democratic membership, enhancing community lifestyles, and recruiting strategies.

• Introduce an understanding of civics, to encourage Quincy Democrats to get more involved.

• Focus on specific programs of community service, to assist community members:

- Seniors
- Families
- Adults over 18 years old
- Veterans
- Youth
- Unemployed
- Special needs
- Immigrants
- Minority Community
- Religious Groups
- Educators

For more information about the Quincy Democratic Party, and each of its 6 wards, email John Cain, at cainspointofview@gmail.com.

Six Quincy Students On WPI Dean's List

Six students from Quincy are on the Dean's List for the spring semester at Worcester Polytechnic Institute.

They are:

Olivia Brown, member of the class of 2023 majoring in biomedical engineering.

Timothy Goon, member of the class of 2022 majoring in computer science.

Cindy Trac, member of the class of 2023 majoring in computer science.

Terry Deng, member of the class of 2022 majoring in interactive media and

game development.

Calvin Zhang, member of the class of 2022 majoring in mechanical engineering.

Howard Zheng, member of the class of 2022 majoring in mechanical engineering.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, July 2
2:00pm: Kennedy Center: Yoga for Seniors
5:00pm: Bethany Congregational Church

Friday, July 3
7:30pm: 2019 Merrymount 4th of July Parade
8:00pm: 2019 Flag Day Celebration

Saturday, July 4
12:00pm: 2019 Squantum 4th of July Parade
12:30pm: 2019 Merrymount 4th of July Parade

Sunday, July 5
10:00am: Bethany Church Sunday Service
11:30am: Good News

Monday, July 6
11:30am: Currently In Quincy
7:00pm: TCPL: From Mountains to Sea

Tuesday, July 7
8:00pm: AM Quincy: Quincy Farmers Market
8:30pm: TCPL: Irish History 101

Wednesday, July 8
7:00-9:00am: LIVE: AM Quincy w/Joe Catalano
5:00pm: Good News

Government Access Channel 9

Thursday, July 2
7:00pm: TCPL: Cooking with Collin: Desserts
8:30pm: At Your Library: July Happenings

Friday, July 3
7:00pm: A Look Back: The War of 1812
7:30pm: At Your Library: July Happenings
8:30pm: TCPL: The Beatles v. The Stones

Saturday/Sunday, July 4/5
10:00am: TCPL: Storytime with Mrs. Miller
11:00am: At Your Library: July Happenings
4:00pm: In the Know: Norfolk County Sheriff 6/18
4:40pm: Board of License Commissioners 6/23
7:00pm: Special Committee on Commonwealth Resilience and Recovery Meeting 6/23
8:30pm: TCPL: African American Music

Monday, July 6
7:00pm: MA House of Rep's Session 6/29

Tuesday, July 7
7:00pm: 36th Annual MA Heritage Day of Portugal

Wednesday, July 8
7:00pm: In the Know: Norfolk County Sheriff 6/18
8:00pm: TCPL: Origins of Rock & Roll

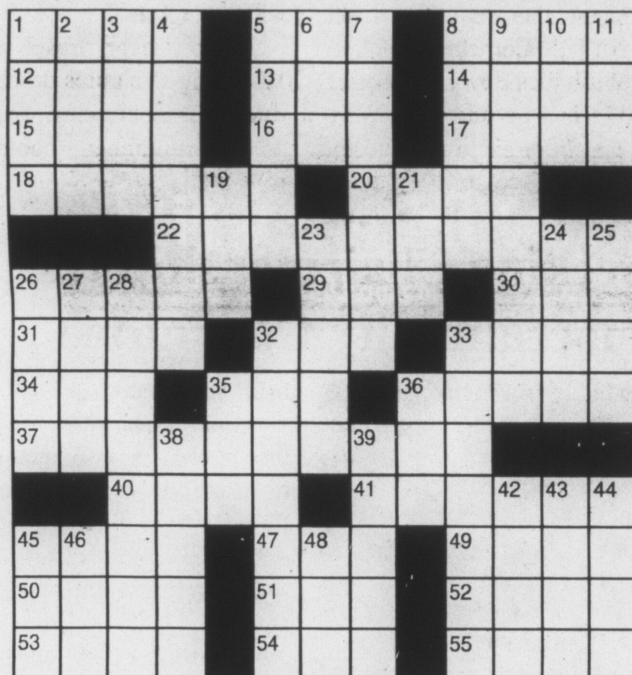
Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 — and call
5 Promptly
8 Despot
12 Verve
13 Rd.
14 Regulation
15 Not yet final, in law
16 — relief
17 Blind as —
18 Body art
20 Pack down
22 Half a fluid ounce
26 Short
29 Swiss canton
30 Tokyo, once
31 Bergman, in "Casablanca"
32 Action star
33 One
34 Mel of
35 Programmer's woe
36 Foolish
37 Skiers' carriages
- DOWN**
- 1 Crooked
2 Director Kazan
3 Group of actors
4 Made a sweater, maybe
5 Biz big shot
6 Eggs
7 Oater
8 Chaplin persona
9 Court summons
10 — carte
11 Pensioned (Abbr.)
19 LummoX
- 40 Summertime pest
41 Starry
45 Honeycomb compartment
47 Web address
49 Wander
50 Met melody
51 Dos' neighbors
52 Yemeni port
53 Helen's home
54 Previous night
55 Saucy
- 21 "— was saying ..."
23 Playwright
24 Pirandello
25 Valhalla VIP
26 Memo
27 United nations
28 Naomi's daughter-in-law
29 Incised printing method
32 Predatory sort
33 Remove a seat belt
35 Underwear with underwire
36 "Monty Python" opener
38 Dental filling
39 Untrue
42 Took the bus
43 State with certainty
44 Gave temporarily
45 Garfield or Heathcliff
46 Blunder
48 Gun the engine



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MAGIC MAZE • — BED

XYUQN JAGDZWTQRN
KHADAXSURRPM EJG
DAXWVSPQNOKTLIF
DAXVLMACYTSSDQO
MJREVIRBHORENFC
AYWRUEAOPAETURP
NLJHEBGRFYHPRUM
FDBKZTUOXTTVTTR
QOMN(HOSPITAL)KIH
FDBUFZYVWVELTRQ
ONLBKIH FODFCPAZ

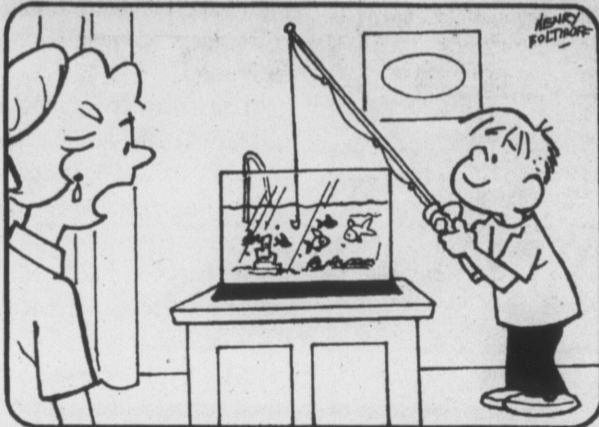
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: A PULL-DOWN BED

Asparagus Feather Platform Sofa
Baby Four-poster Railway Test
Bunk Hospital River Trundle
Creek Oyster Rose

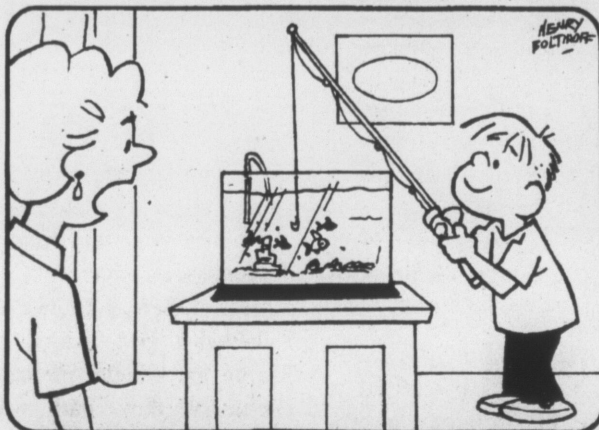
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Table is different 2. Picture has moved 3. Fish is missing 4. Water level is higher 5. Woman's hair has changed 6. Boy's necktie is different

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What was the former name of the Hawaiian Islands?
2. MOVIES Which Elvis Presley movie features the theme song "Can't Help Falling in Love"?
3. GENERAL KNOWLEDGE: What color is fuchsia?
4. TELEVISION: What was the real name of the Skipper's character on "Gilligan's Island"?
5. GEOLOGY: What kind of rock is sandstone?
6. FOOD & DRINK: Which country has a wine-producing region called the Rapel Valley?
7. MEDICAL: What kind of insect can transmit diseases such as cholera and typhoid fever?
8. MEASUREMENTS: How many standard bottles are contained in a magnum of champagne?
9. LITERARY: Who was the first official poet laureate of England?
10. HISTORY: Which treaty ended the American Revolution?

Answers

1. The Sandwich Islands
2. "Blue Hawaii"
3. Purplish red
4. Jonas Grumby
5. Sedimentary
6. Chile
7. Houseflies
8. Two
9. John Dryden
10. The Treaty of Paris

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Wishing Well®

5 4 2 4 6 3 5 4 5 8 3 8 5
A Y H O M C G U I R U E F
6 3 4 2 6 2 3 5 4 8 7 3 7
A L A A K V T T R C L I I
2 3 4 8 7 4 8 5 7 3 2 3 2
E V E I N N P A G A C T O
5 4 2 8 4 2 5 2 3 7 4 3 2
R O U R W R R A E E G A G
6 8 7 2 5 6 8 4 8 3 5 6 8
E O R E I B C L A H V O T
3 7 6 7 8 6 8 5 4 8 3 5 6
O A L W E D D E A L B S M
7 6 3 8 7 3 4 8 7 6 8 7 6
H O B O I Y D V L V E E E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Salome's Stars

ARIES (March 21 to April 19) Although you don't like to change plans once they're set, once again, you might find that doing so can make a big difference in your favor. Family matters dominate the weekend.

TAURUS (April 20 to May 20) You continue to get encouragement for your proposals, including some support from unlikely sources. Use this positive flow to move forward with your plans. Good luck.

GEMINI (May 21 to June 20) Family matters are dominant this week. It's a good time to be with those you love. It's also a good time to contact loved ones with whom you've lost touch.

CANCER (June 21 to July 22) Be careful not to allow differences of opinion to create unpleasant feelings, especially in the workplace. A neutral observer could check out the situation and suggest a resolution.

LEO (July 23 to August 22) While the Lion's Den is the center of attention this week, with family matters dominating much of your time, workplace issues are also important. Try to find a balance between them.

VIRGO (August 23 to September 22) The future of a new relationship could depend on how much the usually impatient-to-get-things-done Virgo is willing to stop pushing and let things happen naturally.

LIBRA (September 23 to October 22) Worry over a loved one's well-being is eased with good news from a sympathetic source. Your

continued show of love and support is important. Stay with it.

SCORPIO (October 23 to November 21) This is a good time to consider mending fences with someone you wish was back in your life. Forget about blame, and focus on the good things you once shared.

SAGITTARIUS (November 22 to December 21) This is a good week to start researching information regarding whatever changes you're considering, whether it involves a new home, a new location or a new job.

CAPRICORN (December 22 to January 19) A long-anticipated job opportunity could turn out to be less than you expected. But appearances might be deceiving. Check it out before you decide it's not for you.

AQUARIUS (January 20 to February 18) Good news: Adapting to a new situation might come more easily than you expected. You can look for continued support from colleagues who appreciate your contributions.

PISCES (February 19 to March 20) Someone you care for might need more reassurance from the typically "unemotional" Pisces. Go ahead. Open up, and you might be surprised at what you find when you do.

BORN THIS WEEK: You are a romantic at heart, although you can be amazingly practical when you need to be.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals L

HJEXBV ERWE ZAWETMAH W ZWVJNQ
ZTNN BZ JNN-VWDDAMAC XRJNCMA:
"ERA FMWEEQ FTDXR."

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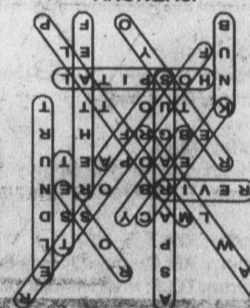
King Crossword

Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



CryptoQuip answer

"The Bratty Brunch"
Full of ill-mannered children:
Siccom that features a family

JUL

1

2020

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Streaming platforms have revolutionized viewing premium films at home. Although some theaters have reopened, it's anyone's guess when people will be comfortable sitting closely together in large rooms. Now is the perfect time to turn your home into a theater to view movies. Tom Hanks' \$50 million film "Greyhound," co-starring Elizabeth Shue, was due to hit theaters June 12, in time for Father's Day, but has now been pulled in favor of a release on Apple TV+ instead.

"Game of Thrones" alumni Jason Momoa and four-time Emmy winner Peter Dinklage are co-starring in "Good, Bad & Ugly." Dinklage is the legendary vampire hunter Van Helsing, and Momoa is a vampire who's vowed never to kill again. No word if it's for theaters or streaming. Dinklage lent his voice to "The Croods 2," rejoining Ryan Reynolds, Emma Stone and Nicolas Cage, and co-stars with "Gone Girl" Rosamund Pike and Oscar-winner Dianne Wiest in "I Care a Lot." Momoa has Netflix's "Dune" and "Sweet Girl," with Marisa Tomei and Justin Bartha, in the can. He's also due as Aquaman in "Zack Snyder's Justice League" in 2021 and "Aquaman 2" in 2022.

Meanwhile, "Zack Snyder's Justice League" is getting a "do over." Referred to as "the Snyder Cut," it's the re-cut version of the 2017 "Justice League" film that Snyder left and was replaced by Joss Whedon. Budgeted at

\$300 million, it debuted November 2017 (in IMAX and Real 3D) and grossed \$658 million. It was released on DVD and Blu-ray in February 2018. Even though it co-stars Ben Affleck as Batman, Henry Cavill as Superman, Gal Gadot as Wonder Woman, Jason Momoa as Aquaman, Ray Fisher as Cyborg and Ezra Miller as The Flash, the big question is does anyone care about Zack Snyder's re-cut of the film vs. Joss Whedon's cut. When it's released on HBO Max's streaming platform, will diehard superhero fans watch despite the absence of IMAX and Real 3D? Stay tuned.

When does Dwayne Johnson sleep? He completed taping season 2 of "The Titan Games" prior to the pandemic, which NBC started airing months ahead of schedule. His Disney film "Jungle Cruise," with the new Mary Poppins, Emily Blunt, finished shooting in September 2018 but due to the time needed to add special effects, it won't be released until July 2021. His newest project is "Black Adam," a fictional superhero spun off from "Shazam" who is an adversary of Captain Marvel, being released in November 2021. Even though "The Rock," at times, was an antihero in the wrestling ring, in his films he's always been the hero. Will playing an antihero put him between "The Rock" and a hard place?

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GO FIGURE!

by Linda Tristle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: **

* Moderate ** Difficult *** GO FIGURE!

	÷		+		5
-		+		x	
	-		x		4
x		x		-	
	x		+		11
4		9			3

1 2 3 4 5 6 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Advertising Art — Advertising art is very popular today and prices keep rising. Collectors want old examples with good graphics, recognized products and great condition. A small amount of restoration is OK. Anything that mentions a product for sale is considered "advertising," even labels on bottles and cans. Most companies keep the look of their ads the same for many years. Hires Root Beer used a small child in a bib and a distinctive type-style for the word Hires. In 1915, they used the googly-eyed man called Josh Slinger, the soda jerk. He was indeed googly-eyed. But most of Hires ads had few pictures, just descriptions of its health values or the good shape.

This tin sign, probably made in the 1920s, features an attractive flapper girl. She is enjoying a glass of Hires Root Beer. If you look closely, you can read the tiny word "good" before the slogan, "and it's always pure. Hires in bottles." Hires was developed by pharmacist Charles Hires in 1876, but root beer was already a known drink. He improved the taste of a health drink that was made with many herbs including sassafras oil, a plant root extract. In 1960, sassafras was banned because it contained a carcinogen. Later, they found a way to remove the harmful chemical and still preserve the flavor, so it was still used.

Hires Root Beer was a leading drink, but the company has been bought and sold so often, the drink is now almost out of production. Old Hires advertising is hard to find today, but beware of the pottery mug with a baby wearing a bib. Reproductions are easy to find.

Q: I sold Avon during the 1960s and '70s, and I have a large collection. I'm downsizing and wonder if anyone

would be interested before I throw them out.

A: Avon started as the California Perfume Company, founded by David H. McConnell in 1886. The name Avon was used beginning in 1929. Collecting Avon bottles became popular in the 1960s, and at one time there were more than 60 Avon collector clubs in the United States. Interest has waned and most of the clubs are gone, but you can still find people selling vintage Avon bottles that held beauty products. Some are crossover collectibles, especially figural bottles, so you might find someone interested in your collection by contacting online sellers. Most Avon collectibles sell for under \$10. A few that are shaped like cars are about \$25.

CURRENT PRICES

Sandwich press, rectangular, square side handles and front top handle, flat plates, footed, 1930s, \$10. Garden table, rectangular glass top, scrolling concrete bases, iron mounts, 80 x 46 inches, \$120. Vase, Celadon, bottle shape, lobed, cranes, 10 x 4 inches, \$300. Apache, basket, coiled, stepped geometric pattern, checkerboard pattern, central circle, 15 inches, \$640.

TIP: Don't wear jewelry when gardening, playing sports or working with tools. You may damage a stone or lose it. Even diamonds can chip or crack.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

Which of the following words is misspelled?

- 1) connoisseur
- 2) sergeant
- 3) necessarily
- 4) repertoire
- 5) guerilla
- 6) cemetery

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Strange BUT TRUE

* Artist Salvador Dali believed he was the reincarnation of his dead brother, also named Salvador, who died almost 9 months to the day before Dali was born.

* Forget flowers and candy -- in Fiji, a tradition known as "tabuas" is the practice of giving a woman a tooth from a sperm whale as the ultimate token of love and commitment.

* Inventor Nikola Tesla was a genius, but he was also dirt-poor. When faced with an overdue hotel bill, he responded by giving the employees a "death beam" in a box. He told employees not to open the box due to the danger, so it was forgotten about. When it was eventually rediscovered and opened, it was found to contain only old, harmless electrical parts.

* On average, a person accidentally eats about 430 bugs in each year of his or her life.

* In order to take the slick factory sheen off and allow pitchers to get a better grip, Major League Baseball wipes down each baseball with mud from an

undisclosed location on the Delaware River.

* Denise Mueller-Korenek clocked the fastest speed ever by a cyclist in 2018, setting a new world record of 183.932 mph.

* Are you afflicted with nomophobia? That's the term for a fear of being without mobile phone coverage. Surveys have indicated that more than half of U.K. residents suffer from it. This phobia is triggered by the fear of losing signal, running out of battery or even losing sight of a mobile phone.

* Queen lead singer Freddie Mercury had a degree in graphic design and came up with the logo for his band himself. It consisted of the zodiac symbols for the four band members.

* Mercury also liked to call his cats while he was on tour -- "to chat."

* Only 0.006% of the Korean population have the ABCC11 gene, which is the cause of armpit odor. As a result, deodorant is rarely sold in Korea.

Thought for the Day: "A room without books is like a body without a soul." -- Marcus Tullius Cicero

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Now here's a tip!

by Jo Ann Derson

* Items in the freezer are more likely to get freezer burn if there's water present, so make sure you pat down or otherwise carefully drain meats, fruits and veggies before popping them in the freezer.

* "Nothing is more soothing -- and delicious -- than plain yogurt on a sunburn. Slather it on thickly to sunburned skin, wait for about 15 minutes, and rinse off in room-temperature water. It feels much better afterward, and it gives immediate relief when it goes on cold." -- C.L. in Texas

* Save your tuna cans. You can use them to cook an egg over a campfire, or you can put one under the legs of your camp table and add water. Ants won't be able to climb up the legs of the table to get to your food.

* "If you've never used Skin-So-Soft to repel mosquitoes, you should. It does an excellent job at that task and smells so good my whole family uses it.

I also use it to wipe down the outside of my door to keep bugs from buzzing all over the entrance." -- A.A. in Florida

* If barbecue is on the menu, try putting out a few small bowls of water with a lemon slice. You can use it to rinse off your fingers as you eat or when you are done eating. It leaves hands with a nice smell, not a sticky smoky mess!

* "I love to spice up a simple dip by serving it in a green pepper. I just wash it and cut off the top. Then, I core it and spoon in the dip. The top can be set next to it and filled with extra dip, or just used as a garnish. It's fun and makes an attractive presentation." -- J.L. in New Mexico

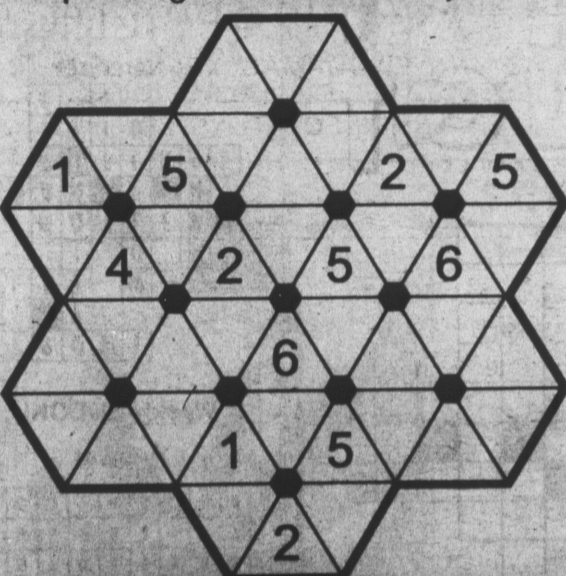
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



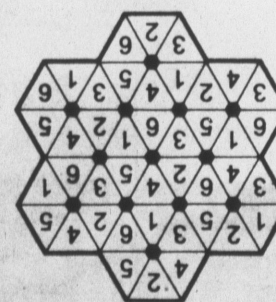
DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SNOWFLAKES

solution



Go Figure!

answers

3	6	4
11	9	2
-	x	x
4	4	6
x	5	-
5	3	8

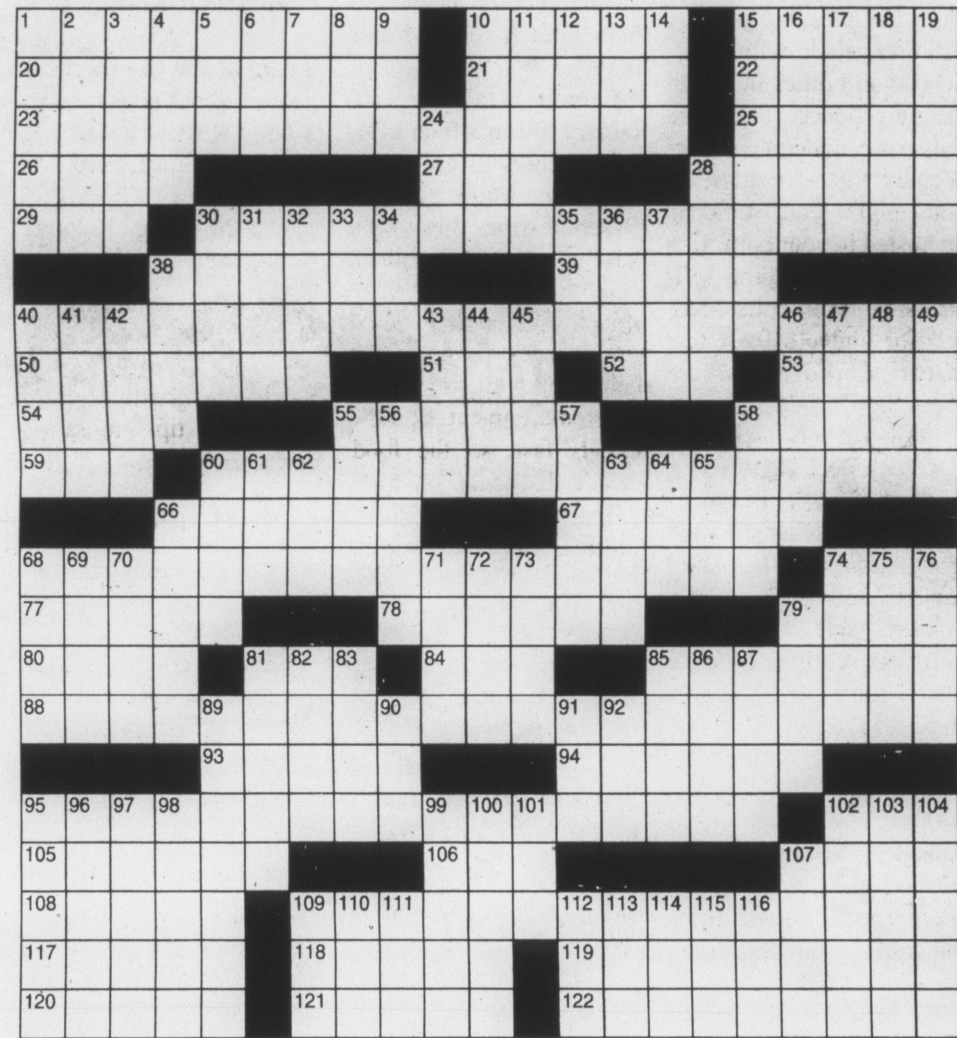
Sticklers Answer

read "guerilla." The answer for (5) is wrong. It should

Super Crossword

THE OSLO CHORDS

- ACROSS**
- 1 Bus or train schedule
 - 10 Marvelled vocally
 - 15 Cowboy rope
 - 20 Like political cartoons
 - 21 Lifting song syllables
 - 22 Sigmoid curves
 - 23 Start of a riddle
 - 25 Michigan city
 - 26 Scotland's — Ness
 - 27 Address on the net
 - 28 Opening part of an email
 - 29 Munched on
 - 30 Riddle, part 2
 - 38 Melodious passage
 - 39 Wipe out
 - 40 Riddle, part 3
 - 50 Guevara called "Che"
 - 51 Tillage tool
 - 52 Cut short
 - 53 In — (lined up)
 - 54 French lady friend
 - 55 Treating unkindly
 - 58 Big like Santa
 - 59 Sitting spot on Santa
 - 60 Riddle, part 4
 - 66 How-to book
 - 67 Unspecified travel
 - 68 Riddle, part 5
 - 74 Install, as tile
 - 77 "— Doone" (1869 novel)
 - 78 Defiant types
 - 79 Pill bottle info
 - 80 Campus VIP
 - 81 Feel unwell
 - 84 Egypt, before 1971: Abbr.
 - 85 Clings
 - 88 Riddle, part 6
 - 93 10th-century Holy Roman emperor
 - 94 Gremlins' kin
 - 95 End of the riddle
 - 102 Letter before sigma
 - 105 One ruining something
 - 106 Porto Rico, par exemple
 - 107 Buy stuff
 - 108 Figure skater Slutskaya
 - 109 Riddle's answer
 - 117 Material for jeans
 - 118 Pig
 - 119 Talked into
 - 120 "Alive" actor Vincent
 - 121 Certain eel
 - 122 Big names in daytime dramas
 - 1 Core belief
 - 19 Houston baseballer
 - 24 Letters before xis
 - 28 Sprayed, with "down"
 - 30 Spring flower
 - 31 Coin maker
 - 32 Jumping stick
 - 33 Sch. in Columbus
 - 34 "... or — thought!"
 - 35 Ang of film
 - 36 Art Deco illustrator
 - 37 Young deer
 - 38 To — (perfectly)
 - 40 Good buy
 - 41 "— la Douce"
 - 42 Cut short
 - 43 Rug type
 - 44 Daughter in "Hagar the Horrible"
 - 45 Software testing phase
 - 46 Mogul
 - 47 Mined metals
 - 48 Part of ENT
 - 49 Jug type
 - 55 Sound of an air kiss
 - 56 Caught fish with pots
 - 57 Comparable (with)
 - 58 — -Free (contact lens solution)
 - 60 Mama's ma
 - 61 Yoko of art and music
 - 62 Beaten track
 - 63 Foldout beds
 - 64 Suffix with meteor
 - 65 L-P link
 - 66 Miracle food
 - 68 Alan of "The Aviator"
 - 69 Caroling
 - 70 Be a lure to
 - 71 Castro of Cuba
 - 72 Bundle up
 - 73 In this spot think pieces
 - 74 Petty of films
 - 75 On the ocean
 - 76 Rural assent to a lady
 - 79 Meanings in dict.
 - 81 Moving around
 - 82 "Suffice — say ..."
 - 83 Boxer Spinks
 - 85 Oodles
 - 86 Salami shop
 - 87 Sword part
 - 89 Spanish for "I love you"
 - 90 Untruth
 - 91 Siouan tribe
 - 92 Aetna rival, for short
 - 95 Lumps of chewing tobacco
 - 96 Certain intl. delegate
 - 97 Minneapolis neighbor
 - 98 — law (non-blood relative)
 - 99 Ross or Rigg
 - 100 Bowling lane
 - 101 — canto
 - 102 1970s sitcom
 - 103 "Iliad" writer
 - 104 Newspaper think pieces
 - 107 ESPN no.
 - 109 Suffix with hero
 - 110 Four halves
 - 111 Title for Elton John
 - 112 Auto navig. aid
 - 113 Rock's — Speedwagon
 - 114 Lyricist Gershwin
 - 115 Supposed psychic gift
 - 116 Gloomy —



celebrity extra

by Dana Jackson

Q: I recently discovered the show "Crazy Ex-Girlfriend" on Netflix and have been really impressed with the cast's singing on the show. I read that they are all Broadway stars. Will it be returning with new episodes? -- W.W.

A: The award-winning musical comedy "Crazy Ex-Girlfriend" actually started out on the CW network, not Netflix, running from 2015 through 2019. Its reruns are airing on Netflix, but the series has concluded. It was the brainchild of its star, Rachel Bloom, and Aline Brosh McKenna, who wrote the screenplay for "The Devil Wears Prada." Bloom was an improv actress who gained a following with some funny videos online before playing Rebecca Bunch, an ambitious Manhattan attorney who ups and moves to a small Southern California town to chase after an old fling.

You are correct in that its cast collectively has the voice of an angel. Donna Lynne Champlin, who plays Bloom's co-worker and friend on "Crazy Ex," earned rave reviews for her role in the Broadway revival of "Sweeney Todd," and Santino Fontana starred in

"Tootsie" on Broadway and also voiced Prince Hans in the animated blockbuster "Frozen."

The hilarious songs written for the show were created by Bloom in collaboration with Jack Dolgen and Fountains of Wayne's Adam Schlesinger.



PHOTO: Nicole Beharie
Photo credit: Depositphotos

Q: Is it true that Michael Keaton is returning as Batman? I thought Robert Pattinson was next to play the Caped Crusader? -- Y.U.

A: It's hard to keep track of all the Marvel projects, let alone all the upcoming ones based on DC Comics characters, but from what I can gather, Pattinson and the rumors about Keaton as Batman are for two different films.

Robert Pattinson, 34, will play Bruce Wayne in the upcoming movie titled simply "The Batman" and directed by Matt Reeves. It has an expected October 2021 release date. As for Michael Keaton, 68, who starred in Tim Burton's "Batman" in the early '90s, he's rumored to be making an appearance as his iconic character in "The Flash," the motion picture, not to be confused with the CW series of the same name. Talks are supposedly in the early stages with Keaton though.

Q: I was watching the miniseries "Little Fires Everywhere" on Hulu and recognized the ac-

trix who plays Madeline from the series "Sleepy Hollow," which I loved. I never understood why her character was killed off of "Sleepy" when she was so integral to the show. -- I.R.

A: Nicole Beharie is the actress you're inquiring about, and her exit from Fox's "Sleepy Hollow" was indeed an abrupt one -- and not of her choosing. According to EOnline.com, she and one of her co-stars came down with the same infection called C. difficile, but she states that she had to keep filming while he was given permission to recuperate. After being physically unable to keep up her usual filming pace, she states that she was labeled difficult and unprofessional, and written out of the show.

Fortunately, Beharie's career has recovered, as you've seen with "Little Fires," and she's also starring in the new movie "Miss Juneteenth."

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-------------|---------------------|-------------|
| 1. Choo-choo | R _ _ _ _ | Tom Sawyer author | W _ _ _ _ |
| 2. Shamrock | _ _ _ V _ _ | Relief pitcher | _ _ _ S _ _ |
| 3. Hazel or Samantha | _ _ _ I _ _ | Timepiece | _ _ _ A _ _ |
| 4. Ordinary | _ _ _ _ _ L | Artist Rockwell | _ _ _ _ _ N |
| 5. Ire | _ _ _ _ _ R | Spiritual being | _ _ _ _ _ L |
| 6. Turn to ice | F _ _ _ _ _ | Light wind | B _ _ _ _ _ |
| 7. Wooded shelter | _ _ _ B _ _ | Fervor | _ _ _ D _ _ |
| 8. Twist one's ankle | _ _ _ P _ _ | Put through a sieve | _ _ _ T _ _ |
| 9. Like a stiff wind | _ _ _ S _ _ | The very edge | _ _ _ _ _ N |
| 10. Ripen | M _ _ _ _ _ | The great outdoors | N _ _ _ _ _ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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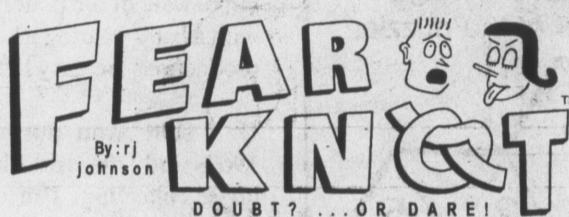
Super Crossword

Answers

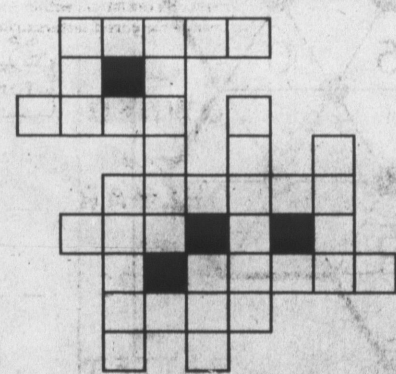


Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Train, Twain | 5. Anger, Angel |
| 2. Clover, Closer | 6. Freeze, Breeze |
| 3. Witch, Watch | 7. Arbor, Armor |
| 4. Normal, Norman | 8. Sprain, Strain |
| 9. Brisk, Brink | 10. Mature, Nature |



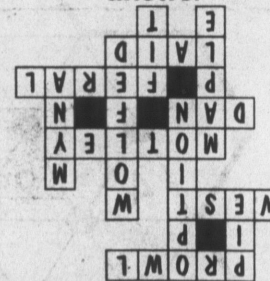
- TFI
- ♥ DOFWEL
 - ♥ PLEAM
 - ♥ NAYM
 - ♥ TINPOO
 - ♥ IPE
 - ♥ ADLI
 - ♥ LERFA
 - ♥ DNA
 - ♥ TOYMLE
 - ♥ WRPLO
 - ♥ TWES



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHER becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

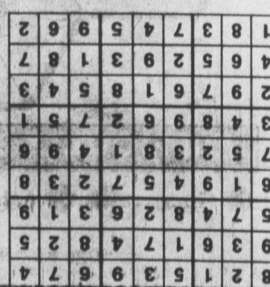


answer



Weekly SUDOKU

Answer



J
U
L

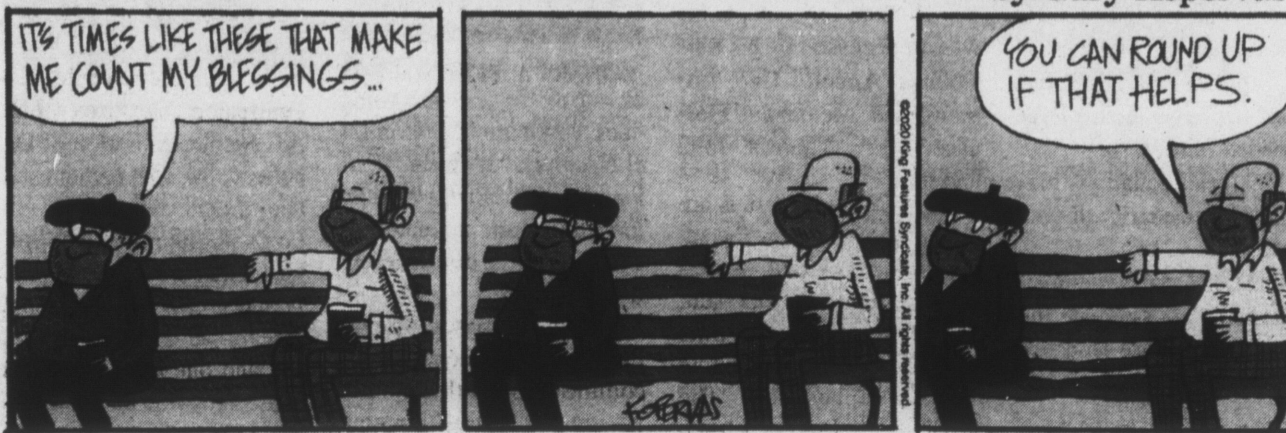
1

2
0
2
0

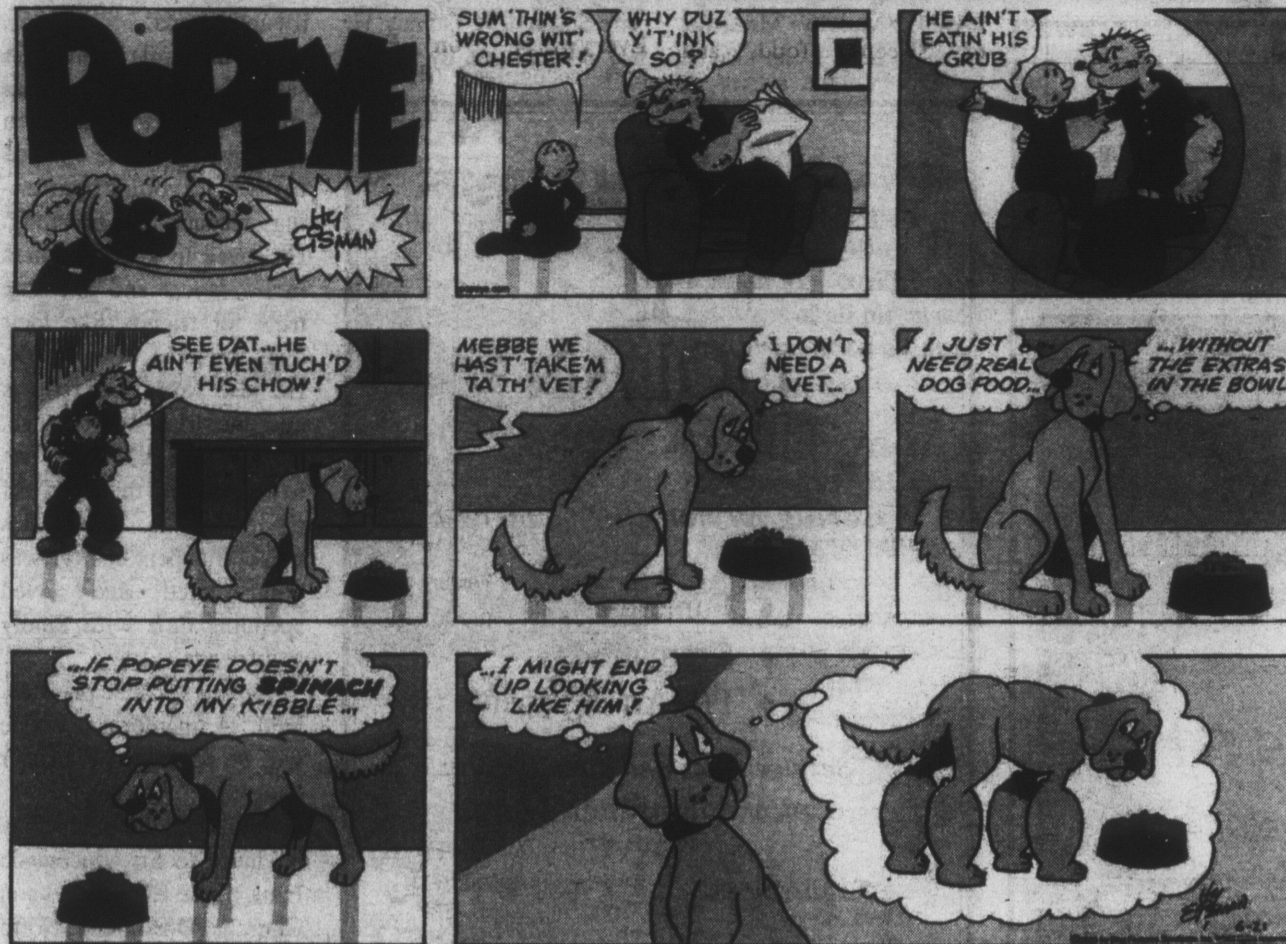
Amber Waves



Out on a Limb



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Award OWNED
 Portend DELHAR
 Graft ECLIPS
 Shake LATTER

TODAY'S WORD

"It's to tide me over until I can find the secret compartment in my husband's new

by Dave T. Phipps

by Gary Kopervas

by Mike Marland

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	3	1	5	5	6
4	6	2	1	5	2
6	3	2	4	1	3
5	4	2	3	3	1
2	5	6	4	3	4
1	3	4	6	3	5

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Her Cat Eats Fast and Then Vomits

DEAR PAW'S CORNER: My tomcat "Robbie" is a big guy who I adopted from a shelter two years ago. When I feed him, he gulps his food so quickly that sometimes he throws it all back up. Why does he eat so fast, and how can I stop it? -- Cheryl in Pittsburgh

DEAR CHERYL: Regurgitation is soooo not fun! I'm sure Robbie doesn't like it, and you don't like having to clean up. Because Robbie was a shelter cat, he may have been in a situation in the past where he had to compete for food with other cats -- not in the shelter, but perhaps in a bad home environment. So now he eats fast, so the food doesn't disappear on him, and he probably eats all of it right away. His overfull

stomach is triggered to regurgitate some of that food. First, make sure that no underlying health conditions are contributing to Robbie's food gulping and regurgitation. Have the veterinarian examine him and discuss the behavior, as you will get some great, targeted advice about ways to reduce the problem.

Once that's done, implement some new suppertime habits to slow down Robbie's pace:

- Try a slow feeder bowl, which uses a maze or puzzle to force a cat to work for each morsel of dry food.
- Space out feedings through the day if possible, splitting Robbie's total daily intake up into several smaller amounts.
- Try a different type of cat food, or a different way of feeding, such as mixing dry and wet foods together.
- Switch in some fresh foods like steamed chicken and rice (unseasoned).

Send your questions, comments or tips to ask@pawscorner.com.

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TOP TEN VIDEO, DVD for release week of June 29, 2020

- Top 10 Video On Demand**
1. The Invisible Man (R) Elisabeth Moss
 2. The Hunt (R) Betty Gilpin
 3. Bad Boys for Life (R) Will Smith
 4. Sonic the Hedgehog (PG) James Marsden
 5. Jumanji: The Next Level (PG-13) Dwayne Johnson
 6. Survive the Night (R) Bruce Willis
 7. Think Like a Dog (PG) Megan Fox
 8. Blumhouse's Fantasy Island (PG-13) Michael Pena
 9. The Call of the Wild (PG) Harrison Ford
 10. Bloodshot (PG-13) Vin Diesel

Top 10 DVD, Blu-ray Sales

1. Sonic the Hedgehog (PG) Paramount
2. Gone With the Wind (NR) Warner Bros.
3. The Hunt (R) Universal
4. Birds of Prey: And the Fantabulous Emancipation of One Harley Quinn (R) Warner Bros.
5. Onward (PG) Disney
6. The Invisible Man (R) Universal
7. The Call of the Wild (PG) Fox
8. Star Wars: Episode IX: The Rise of Skywalker (PG-13) Disney/Lucasfilm
9. Top Gun (PG) Paramount
10. Jaws (PG) Universal

Sources: comScore/Media Play News

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Hitori answer

5	3	9	4	3	1
4	3	4	6	5	2
1	3	3	2	3	5
3	2	4	1	3	6
2	1	5	2	4	6
6	3	1	5	3	2

WALLET

Today's Word

3. Splice; 4. Rattle

1. Endow 2. Herald

solution

SCRAMBLERS

OBITUARIES

Robert Graham

A private graveside service for Robert Graham will be held at Mount Wollaston Cemetery, Quincy.

Mr. Graham died June 22.

He was known for his kind, generous heart and infectious laugh. A graduate of North Quincy High School, Mr. Graham served in the U.S. Navy during the Vietnam War. His love for adventure brought him to San Francisco, Minneapolis and eventually back to Quincy so that he could be closer to his family.

While away from Quincy, Mr. Graham traveled frequently with friends and family. Of all the places he had traveled to, Hawaii always held a special place



ROBERT GRAHAM

in his heart. In addition to traveling, he had a fondness for shopping, most especially for bargains at The Christmas Tree Shops, The Bargain Center, and Savers. What we will miss most about M are the long conversations and how he had a way of making you feel like you were the most important

person in the room.

Born in Boston, he was the son of the late Harold and Winifred (McFarland) Graham. He was the brother of Mickie Graham and his wife Ann of Centerville, Carol Harlow of Quincy and her late husband Arthur, and Natalie Byrne and her husband Frank of Quincy. He is survived by many nieces, nephews, grand-nieces, grand-nephews, and a large extended family.

Memorial donations may be made to a charity of your choice.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

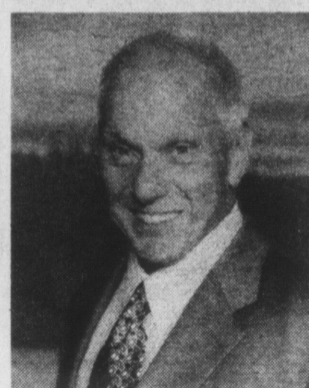
Robert A. Pelosi, DMD

Robert A. Pelosi, DMD, died of lymphoma, peacefully at home, on June 19 with his devoted wife of 34 years by his side.

Dr. Pelosi was born in East Boston on Nov. 11, 1937 to Vito Antonio Pelosi and Julia Sirbeck. He was very proud of his Italian/Hungarian heritage. He was predeceased by his nine siblings, Angelo, Ugo, Anthony and Alexander, Florence, Mary, Theresa, Julia and Jenny.

Dr. Pelosi was a graduate of Boston English High School, Boston College and Tufts University School of Dental Medicine, receiving his doctorate in 1963. He celebrated the 50th Anniversary of his Tufts graduation in 2013.

He loved being a dentist and his career spanned over fifty years. He retired from his solo home office on Adams



ROBERT A. PELOSI, DMD

Street, Quincy, after 35 years of practice. Many of his patients became lifelong friends.

Dr. Pelosi served as a military dentist in the U.S. Navy in Memphis, TN, after dental school. He retired from the Massachusetts Air National Guard, with a rank of lieutenant colonel. He was a fifty-year member of the Quincy YMCA, and an avid jogger and walker.

Beloved husband of Meg Perry Pelosi for thirty four

years, loving father of Robert Pelosi of Holmdel, NJ, Christine Pelosi of Dedham, and Andrea Pelosi of NH. He will always have a place in the hearts of Kate Hester of Braintree, Sean Maloney of Buffalo, NY and Stephen Maloney of Severn, MD. He leaves ten grandchildren, and many close nieces and nephews.

In light of current circumstances services were private. A celebration of Dr. Pelosi's life will be held at a later date.

Memorial donations may be made to Old Colony Hospice, for the kindness and compassion Dr. Pelosi received while under their care.

He will be so missed. Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Mary A. Crowley, 103

Mary A. (Coffey) Crowley, 103, of Quincy, formerly of Fort Lauderdale, Fla., and Roxbury, died June 23 at Hancock Park Nursing Home in Quincy.

Born and raised in Roxbury, she was a graduate of Holy Trinity Grammar and High Schools in Roxbury. Mrs. Crowley was a clerk for Patterson, Wilde & Win-

del Insurance Company of Boston before she and her husband moved to Fort Lauderdale in 1961. She returned to Massachusetts in 1989, settling in Quincy.

Wife of the late Timothy Crowley. Sister of the late John F. Coffey and Anna Coffey. Aunt of Michael D. Coffey of Washington, John J. Coffey of Pembroke and

Gerald F. Coffey and his wife Pat of East Bridgewater. She is also survived by many loving great-nieces and great-nephews.

Visitation and funeral Mass will be private.

Interment at St. Paul's Cemetery, Arlington.

Funeral arrangements were made by Dolan Funeral Homes.

John McArdle, 79

John McArdle, 79, of North Falmouth, died June 22.

He was born in Boston to the late Gerald and Ruth (Kelly) McArdle. He was the loving husband of Evelyn M. (Mulvey) McArdle. He also leaves his sisters,

Virginia McArdle of North Falmouth and Mary Lou McArdle of Watertown; his brothers-in-law Joseph M. Mulvey and his wife Janet of North Falmouth and Gerard "Jerry" Mulvey and his wife Susan of N. Quincy. He was predeceased by his sis-

ter-in-law Kathleen Aicardi of Norwell. He was also survived by his loving 11 nieces and nephews, 14 grand nieces and nephews, and 3 great nieces and nephew; as well as many extended family and friends.

Mr. McArdle worked in sales for Paine Furniture and was the top salesman for many years. He enjoyed the beach, golfing, gardening, reading and traveling. He loved to spend winters in Ft. Myers and planning trips for friends like their own personal tour guide. He also loved newspapers and the Irish sports page. He was always the first one to respond to the needs of others. Mr. McArdle had a wonderful personality, was good-natured and loved spending time with family and friends.

Services will be privately held. A memorial service will be scheduled at a later date.

Memorial donations may be made to St. Vincent de Paul, c/o St. Elizabeth Seton Church, PO Box 861, North Falmouth, MA 02556.

Funeral arrangements were made by Chapman Cole and Gleason Funeral Homes, Falmouth.

In Memory Of Simone and Richard Koch Married July 4, 1950



You sacrificed so much to make each of us feel so special.
You taught us the importance of faith and family.
Thank you for giving us life, love, laughter
and so much more.
Most of all thank you for the wonderful memories
that we will cherish forever.

Love,

Nicole, Linda, Dick Jr., Joe, Susan, Debra, Tom, Simone



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Service times and directions at:
www.dolanfuneral.com

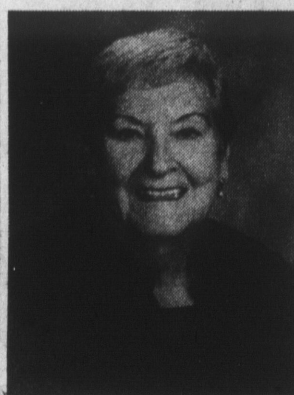
THE DOLAN FAMILY

W. Craig
Paul F.
Frederick J.
Courtney

1140 WASHINGTON STREET
DORCHESTER, MA 02124
(617) 298-8011

460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

In Loving Memory of Your Birthday



Dorothy M. Bosworth

July 7, 1926

June 24, 2019

Those who love you dearly,
are thinking of you today.

Sadly missed,

lovingly remembered.

1

2

0

2

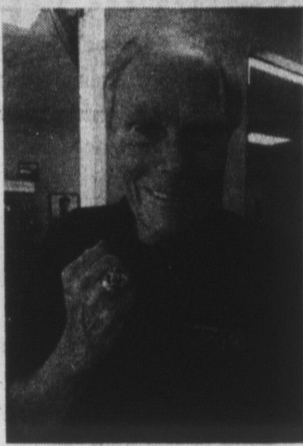
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Bruce E. Marquis, 76

Bruce Edward Marquis died June 22 at the age of 76.

Survived by his beloved wife of 52 years Lucy (Lombardi). Also survived by his children Kim Dangora and Bruce Jr. (Ted). Grandfather to Zack and Josh Dangora, and brother to Aline Cullen and Tom Marquis. Loved by numerous cousins, nieces and nephews. Preceded in death by his loving parents Gladys (Leydon) and Robert Marquis, his sister Diane Currier, and son-in-law Mark Dangora.

Mr. Marquis firmly believed that service to others is the purpose of human existence and he acted this out through his life's work. As a social justice pioneer, he held leadership positions with the National Spinal Cord Injury Foundation, where he co-founded the National Wheelchair Marathon, the National Easter Seal Society, Northern Lights Alternatives, the Foundation for Children with Aids, the Boston Living Center, the Massachusetts Brain Injury Association, and the Greater Boston YMCA. As an entrepreneur he founded Salon Esprit, where he built a loyal and enduring team, Results Service Company, Family Salons Inc., and Marquis Non-Profit Consulting. As a community leader he volun-



BRUCE E. MARQUIS

teered extensively with The Rotary Club of the Bridgewater who has chosen to honor Mr. Marquis by naming the East Bridgewater Citizen of the Year Award in his name, the Alliance of Massachusetts' YMCAs, the Old Colony United Way, the TENCub, The East Bridgewater Business Association, the Massachusetts Health Council, the Massachusetts Statewide Advisory Council to the Office for Children, and the Eliot Church of Newton. As an advocate for youth sports, Mr. Marquis coached and led youth sports programs in Newton and Quincy. This past fall he was inducted into the Quincy - North Quincy Football Hall of Fame as a contributor. This is not an exhaustive list.

Mr. Marquis loved spending time with his family at their cottage in Newbury, NH. He was passion-

ate about baseball and golf, and followed all the major Boston and New England sports teams. He graduated from Newton High School, received his B.A. in history from the University of North Texas, and his M.A. in history from Boston University. Mr. Marquis was a mentor to many and a friend to all. He wrote articles for newspapers, and love letters to Lucy.

Memorial donations may be made to the Hagler-Marquis Scholarship Fund at the University of North Texas at University of North Texas, University Advancement, 1155 Union Cir. #311250, Denton, TX 76203-5017. Checks may be made out to the University of North Texas Foundation with Bruce Marquis and/or Hagler-Marquis History Scholarship on the memo line. Gifts may be made online at giving.unt.edu.

Memorial donations may also be made to Eliot Church of Newton, 474 Centre St., Newton, MA 02458. Please add a note to any mailed checks indicating the gift is in Bruce's honor.

Due to the current pandemic, a celebration of Bruce's life will be held at a future time.

Funeral arrangements were made by Prophet Chapman Cole & Gleason Funeral Home, Bridgewater.

Pablo A. Quiñones

A funeral Mass for Pablo Quiñones of Quincy was celebrated Monday in Sacred Heart Church, Quincy.

Mr. Quiñones died June 15.

Dedicated father of Genesis Quiñones of Taunton and cherished son of Mercedes Quiñones of Quincy and the late Felipe. Sibling of Lorgia and Felipe both of Quincy, and also leaves behind a nephew, niece, aunts and cousins.

Mr. Quiñones was a certified mechanic who also had his own detailing service



PABLO A. QUIÑONES

business. He loved building

and riding motorcycles; but his smile outweighed it all. He was soft spoken but had a charm you could not resist. Most of all his greatest quality was being a remarkable dad to Genesis.

Memorial donations may be made to the Marfan Foundation, 22 Manhasset Ave, Port Washington, NY 11050 or to Children's Hospital, Boston.

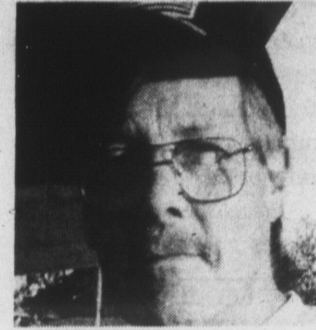
Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

William J. Curtin, 59

William John "Billy" Curtin, age 59, of Rand Hill Road in Alton, N.H., died March 25 surrounded by his loving family after a courageous battle with cancer.

Born in Quincy on Sept. 17, 1960, son of Fred Thomas and Margaret Alma Curtin. A graduate of Quincy Vocational Technical School in 1979. He has resided in Alton since 1996.

Many wonderful things can be said about Mr. Curtin, and if you knew him, you understand. In short, he loved Harley Davidsons, going to many bike events. He was involved with town



WILLIAM J. CURTIN

politics for many years. He was meticulous with his yard work, including leveling the snow banks so they melted evenly. Mr. Curtin was a great and funny friend to many.

Survived by his wife,

CherylAnn (Mahoney) Curtin of 23 years; 2 sons: Jonathan W. Curtin and Christopher M. Curtin both of Alton Bay; 2 brothers: Paul Curtin and wife Karen of Manomet and James "Jimmy" Curtin and wife Irene of Attleboro; 2 sisters: Diane M. Curtin of Quincy and Nancy S. Gilmartin and husband Steven of South Weymouth; and many cousins, nieces, and nephews.

A celebration of Mr. Curtin's life will be held at a later date.

Funeral arrangements were made by Peaslee Alton Funeral Home, Alton, N.H.

Eleanor Brosnan, 91

A funeral Mass for Eleanor "Ginny" (Farrell) Brosnan, of Quincy, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Brosnan died June 25.

The beloved wife of the late Donald S. Brosnan. Loving mother of Thomas Brosnan of Somerville, Patricia Morrison and her late husband Scott of Marshfield, Joseph Brosnan and his wife Deanna of Marshfield and the late Jean Gambino and her late husband Joseph of East Bridgewater. Daughter of the late Thomas and Eleanor Farrell. Sister of the late Michael and Paul Farrell. Cherished grandmother of Craig, Dennis, Adam, Kevin, Justin, Derek and Mikey. She is also survived by several nieces and nephews.

Mrs. Brosnan was born in Woburn and raised in the Field's Corner section of Dorchester. She graduated from Jeremiah Burke High School. As a young girl, from the ages of 15 to 21, she ran the Virginia Farrell School of Dance in Fields Corner. She taught tap, jazz and ballet. Later she married Donald Brosnan and raised



ELEANOR BROSNAN

her family in Quincy.

Mrs. Brosnan was a devout catholic, a member of the St. John's Ladies Sodality as well as the Catholic Women's Club. She worked as a clerk typist for the Mass. Department of Employment and Training in Boston for many years. In her spare time, Mrs. Brosnan enjoyed knitting and crocheting, was an avid reader and she

loved the Boston Red Sox.

She always enjoyed hosting her annual corn beef and cabbage dinner after the Quincy Christmas Parade. The foundation of her life was her family, she cherished each of them, especially her seven grandsons. Although they are heartbroken at her passing, they are grateful for all the blessings she brought into their lives. She will be sadly missed by everyone who knew her.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

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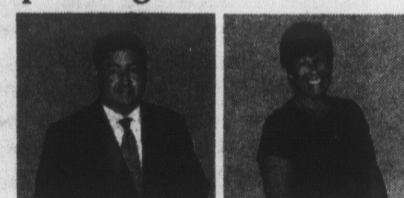
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State Funding For Collaborative Workspaces To Reopen, Operate Safely

The Baker-Polito Administration and MassDevelopment announce funding for the fifth round of the Collaborative Workspace Program, a MassDevelopment program that accelerates business for-

mation, job creation, and entrepreneurial activity in communities by supporting infrastructure that fuels locally based innovation.

Established coworking spaces may apply for grants

of up to \$100,000 for new equipment or building improvements, including adjustments to help spaces adhere to the social distancing and health and safety standards outlined in the Commonwealth's sector-specific COVID-19 Workplace Safety Standards.

"As the Commonwealth continues to move through the reopening process on a path to recovery, collaborative workspaces will remain an important part of our business landscape across the state," said Secretary of Housing and Economic Development Mike Kennealy.

"As these spaces begin opening their doors again, these grants will help ensure that they can operate safely, comply with mandatory safety standards, and support the recovery by accelerating job creation and entrepreneurial activity."

"MassDevelopment is pleased to launch another round of the Collaborative Workspace Program, an important resource for coworking spaces of all kinds as they build, expand, and adjust to better serve their members and continue fostering innovation and entrepreneurship in the Commonwealth," said MassDevelopment President and CEO Lauren Liss. "Over the past several months, we've been heartened to see many previous awardees step up to the plate to support their communities by using their workspaces, equipment, and skills to produce protective face masks and shields, meals, and more — demonstrating the collaborative spir-

it and 'can-do' attitude that is deeply rooted in the mission of these spaces."

Since its pilot launch, and through the first four rounds of grants, the Collaborative Workspace Program has made 136 awards totaling \$8.4 million for the planning, development, and build-out of collaborative workspaces.

The full Request for Proposals is available at www.massdevelopment.com/collaborative-workspace-program. Responses are due by 5 p.m. on Aug. 10.

MassDevelopment, the state's finance and development agency, works with businesses, nonprofits, banks, and communities to stimulate economic growth. During FY2019, MassDevelopment financed or managed 316 projects generating investment of more than \$2 billion in the Massachusetts economy. These projects are estimated to create or support 9,743 jobs and build or preserve 1,992 housing units.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO20P1288EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Robert John Hall, Sr.
Also known as:
Robert Hall
Date of Death:
April 25, 2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Elizabeth T. Cabral of Hallowell, ME requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Elizabeth T. Cabral of Hallowell, ME be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 16, 2020

PATRICK W. McDERMOTT
Register of Probate

7/1/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO20P1316EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Michelle A. Bickford
Also known as:
Michelle Bickford
Date of Death:
April 13, 2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Diane M. Keough of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Diane M. Keough of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 18, 2020

PATRICK W. McDERMOTT
Register of Probate

7/1/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO20P1300EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Ersilia DiRamio
Date of Death:
May 3, 2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Sabatino DiRamio of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Lucia Murray of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 16, 2020

PATRICK W. McDERMOTT
Register of Probate

7/1/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO20P1337EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Lawrence B. Rasky
Date of Death:
March 22, 2020

To all interested persons:
A Petition for Formal Appointment of Personal Representative has been filed by Carolyn E. Rasky of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Carolyn E. Rasky of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 07/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 19, 2020

PATRICK W. McDERMOTT
Register of Probate

7/1/20

NOTICES OF PUBLIC HEARING

Case ZBA 20-29

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, July 14, 2020 @ 5:30 P.M. to consider the application of MICHAEL DAVIS for a VARIANCE to construct an addition for additional living space in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: 63 LENOX, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting
<https://zoom.us/j/99923504424?pwd=V0ZkTjJvOTYRWE4UlpYbkJySnFhQT09>
Meeting ID: 999 2350 4424
Password: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 999 2350 4424
Password: 576002

Find your local number: <https://zoom.us/j/auQQ3CFKD>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
7/1/20, 7/9/20

NOTICES OF PUBLIC HEARING

Case ZBA 20-30

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, July 14, 2020 @ 5:30 P.M. to consider the application of BRIAN LAROCHE for a VARIANCE to construct a second story addition in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) on the premises numbered: 27 BELLEVUE ROAD, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting
<https://zoom.us/j/99923504424?pwd=V0ZkTjJvOTYRWE4UlpYbkJySnFhQT09>
Meeting ID: 999 2350 4424
Password: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 999 2350 4424
Password: 576002

Find your local number: <https://zoom.us/j/auQQ3CFKD>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
7/1/20, 7/9/20

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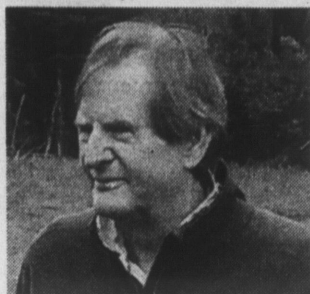
OBITUARIES

Joseph A. FitzGerald III, 73

Joseph A. FitzGerald III, age 73, of Quincy died suddenly June 22 at Massachusetts General Hospital.

Born in Dorchester, he was raised in Mattapan and graduated from Christopher Columbus High School and UMass Boston. Mr. FitzGerald worked for many years as a foreman for Turner Construction before retiring. Harness racing was his passion and he wrote about his favorite sport in many worldwide periodicals. He was also known as "Over Trick" in the Boston Globe comment section where he was recognized for his sense of humor and tongue and cheek remarks.

Dear friend Mary Ellen Manning of Norwood. Brother of Nancy Papy of Virginia Beach. Also survived by 3



JOSEPH A. FITZGERALD III

nieces, many cousins and a close circle of friends.

Due to the current Covid-19 restrictions a private funeral and burial will be held at Milton Cemetery.

Memorial donations may be made to the MSPCA at mspca.org.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

James A. Bruce, 91

James A. Bruce of Quincy, formerly of Brookline, died June 24 at age 91.

Born in Aberdeenshire, Scotland, where he was raised and educated and served in the Royal Army during WWII, he lived in Quincy for 34 years. Before retiring Mr. Bruce worked as a cook at 1000 Southern Artery in Quincy.

He was the loving father of James Marshall Bruce of Kansas, Angela Carmichael of Randolph and Jeanette Bruce of Florida, father-in-law of Joe Carmichael,

dear grandfather of Michelle Bruce of Nebraska, and former husband of Georgina Davidson. He is also survived by two brothers, his sister and many nieces and nephews in Scotland.

Funeral services will be private.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the American Red Cross, PO Box 37839, Boone, IA 50037-0839, redcross.org.

Outdoor Worship Trial At Quincy Point Congregational

This week there will be two worship services both starting at 10 a.m. on July 5.

The online version will include Holy Communion at 10 a.m. on the Quincy Point Congregational Church "You Tube" Page. The trial outdoor worship will have limited seating for 25 people on the Abbey Road Lawn at the church and there will no communion. Sign up is required, register @ Eventbrite.com.

Please read on the safety protocols that have to be adhered.

Worship is also broadcast on Wednesdays at 6 p.m. on QATV-Channel 8. The church office will remain open, Monday through Friday from 9 a.m. to 2 p.m. Call or email with any concerns or questions. Pledges or donations can be mailed to 444 Washington St., Quincy, MA 02169 or online @ <https://www.quincypointcong.org/donate>

AAA: Gasoline Prices Up Three Cents

Gasoline prices in Massachusetts are up three cents this week, according to AAA Northeast.

AAA Northeast's June 29 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$2.06 per gallon. Massachusetts's price is eleven cents below the national average of \$2.17. A year ago at this time, the average price in Massachusetts was 58 cents higher at \$2.67 per gallon.

"While overall travel projections are down, those who head out for July 4th and beyond are expected to drive to their destinations,"

said Mark Schieldrop, Public and Legislative Affairs Specialist. "This increased demand is leading to higher gas prices, though motorists will still pay much less than they did a year ago."

AAA advises motorists to shop around for the best prices in their area. Please remember to slow down and move over for any emergency vehicles on the side of the road.

Find the most up-to-date local gas prices with the AAA Fuel Finder by logging onto AAA.com and clicking on Gas Saving Tips & Tools.

Jacqueline McLaughlin, 56

Jacqueline McLaughlin, age 56, of Madison, N.H., formerly of Weymouth and Quincy, died June 14 with her family and friends at her side.

She was the beloved wife of 27 years of David MacInnis. She was the proud mother of Declan MacInnis and Delia MacInnis of Madison, NH, and Erin MacInnis of Salt Lake City. She was the older sister of Janet McLaughlin of Old Orchard, ME and John McLaughlin of Quincy and the sister-in-law of Lisa MacInnis Cleary and husband Walter of Marshfield, Daren MacInnis and wife Cathy of Whitefield, NH, and Steven MacInnis and wife Dee of North Quincy. She also leaves behind many nieces, nephews, cousins, and friends, including her Quincy girls. She was predeceased by her loving mother, Patricia McLaughlin, and father, Jay McLaughlin, both of Quincy.

Mrs. McLaughlin grew up in the Adams Shore section of Quincy and attended N.S. Hunting where she was chosen to attend Lincoln Hancock's accelerated program, Central Junior High's advanced placement program, and Quincy High. She was exceptionally smart and an avid writer, with friends and family frequent recipients throughout the years of her funny and thoughtful letters, cards, and notes.

A natural athlete, Mrs. McLaughlin became an excellent swimmer at a young age and spent her summer days at Heron Road Beach. She loved the ocean and thrived on sunshine. She frequently devised ways to get the deepest, darkest tan and took every opportunity to bask in the sun's rays, book in hand.

Mrs. McLaughlin graduated from Northeastern University with a BS in nursing, a field she loved deeply and hoped to return to when her health improved. Her career began at Boston Medical Center, where she worked with lifelong friends, Debbie Peach Long and Jacqui Irvine Litif. Looking for a change in scenery and to be closer to nature, she and Dave moved from Weymouth to the North Conway area, purchasing



JACQUELINE McLAUGHLIN

The Tanglewood Motel and Cottages in Madison, NH. Mrs. McLaughlin managed Tanglewood for several years alongside Dave, while also working as a cardiac nurse at Maine Medical Center.

She was a devoted wife and mother and considered raising her three children, Declan, Delia, and Erin, as her greatest accomplishment. She was thrilled to see them grow into adults and make their way in the world. She treasured every moment with them and was so impressed with their school achievements, adventurous spirits, and independence. She loved cooking and found great joy in cooking up big and often spontaneous meals for her family and friends.

Mrs. McLaughlin will be remembered by so many people for so many reasons, but what will likely stand out is her positivity, laughter, and huge smile, even in the face of challenges. She accumulated friends everywhere she went and was always interested in what was going on with each of them. As with her own family, Jackie was proud of her friends and their families too. She had endless energy, was the life of the party, and often prone to mischief while in pursuit of fun. She loved music and dancing—with anyone—anywhere. Our hope is that she is dancing now, smiling, laughing, glowing.

Services will be private. In memory of Mrs. McLaughlin please consider donating to your favorite charity, performing an act of kindness, or becoming an organ donor.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Raymond W. Thorpe, 68

Raymond W. Thorpe, age 68, a lifelong resident of Squantum, died June 26.

Loving husband of 42 years of Patricia M. (Mullin) Thorpe. Cherished father of Caroline K. Thorpe. Son of the late Gordon Thorpe and Katherine (McPherson) Thorpe. Brother of Robert H. Thorpe of Kissimmee, Florida and the late Terrence V. Thorpe.

Mr. Thorpe graduated from North Quincy High School, Class of 1970, and attended Bentley College. He retired from New England Mutual Life Insurance Company/MetLife after 40 years.

Funeral services are private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Katherine G. Manning, 96

Katherine G. Manning, 96, of Oak Bluffs, formerly of North Quincy, died June 23.

Beloved mother of Marilyn Manning of Byfield and W. Richard Manning of Oak Bluffs. She was the mother of the late Kathy Maseda and the late Joan Cobb. Her beloved companion for 35 years, Joseph Nunes, died in 2008. She is survived by her adored grandchildren, Ryan (Kelley) Cobb, Caitlin Goodhile, Emily and Daniel Manning, and Brendan Maseda; her treasured great-grandchildren, Madeline, Zachary, Taylor, Isabella, and Cameron; and her great-great-grandson, Everett. Her nieces, Marlene Fraser and Nanci Gotelli of Stockton, CA. She is also survived by her sons-in-law Wayne Cobb of Bridgewater and James Maseda of Oak Bluffs.

Mrs. Manning was a member of the Holy Ghost Association for many years,



KATHERINE G. MANNING

where she served as secretary. Her involvement with the SERVE food program also occupied many of her years. In North Quincy she was the school traffic supervisor for ten years.

Visiting hours will be held on Saturday, Sept. 12, from 11 a.m. to noon, at Chapman, Cole & Gleason Funeral Home, Oak Bluffs. A burial will follow at 12:30 p.m. at Sacred Heart Cemetery, Oak Bluffs.

Memorial donations may be made to the Benevolent Fund at the Holy Ghost Association, P.O. Box 2203, Oak Bluffs, MA 02557.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P1214EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John E. Hartmann, Sr.
Also Known As:
John E. Hartmann
Date of Death:
May 4, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner Gina Murphy of Braintree, MA a Will has been admitted to informal probate.

Gina Murphy of Braintree, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/1/20

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P1201EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John Thomas Crosslin
Also Known As:
John T. Crosslin
Date of Death:
March 31, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner Carol A. Crosslin of Quincy, MA a Will has been admitted to informal probate.

Carol A. Crosslin of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/1/20

Baker-Polito Admn. Unveils \$275M COVID-19 Economic Relief Package

The Baker-Polito Administration last week unveiled a COVID-19 economic recovery package to generate economic growth amidst the COVID-19 pandemic. The \$275 million package, designed to promote equity across the Commonwealth, is an update to the Administration's Act Enabling Partnerships for Growth, the economic development legislation originally filed on March 4, 2020.

The original legislation was the product of a nearly year-long economic development planning process last year, and the now \$275 million proposal represents a targeted package of investments across three core areas: housing, community development, and business competitiveness. In response to the dramatically different economic landscape due to the COVID-19 pandemic, the Administration will ask the Legislature to consider an amended scope for several of the proposed programs, reallocate funding among proposed authorizations, and establish

new tools to promote equity and drive economic growth.

"By funding more affordable housing, implementing critical zoning reform, stabilizing neighborhoods, and supporting minority-owned businesses with record levels of funding, these proposed changes will bring critical relief and promote equity across Massachusetts amidst the COVID-19 pandemic," said Governor Charlie Baker. "We look forward to working with our partners in the Legislature to advance this legislation and give communities, especially those most in need, the tools and support they require to move forward."

"This legislation will help to stabilize the neighborhoods and communities that were hardest hit and bring new tools to bear to promote equity and drive economic growth," said Lt. Governor Karyn Polito, co-chair of the Economic Development Planning Council. "The feedback we received last year, along with the realities that we are seeing during this pan-

demic, have informed this legislation and our revised proposal, and we are grateful to the Legislature for their consideration."

Secretary of Housing and Economic Development Mike Kennealy testified during a virtual hearing before the Joint Committee on Economic Development and Emerging Technology, highlighting the need for the legislation, and explaining the Administration's proposed changes.

To address the new realities brought on by COVID-19, while continuing to address the opportunities and challenges already identified in the Partnerships for Growth economic development plan, this package proposes to:

- Amend the scope of several proposed programs, to target funding towards specific communities including those hardest hit by COVID-19

- Reallocate funding among proposed authorizations, to better address the significant economic impacts of COVID-19 and

to help provide a path for recovery, particularly for those most devastated by the pandemic

- Establish new tools to promote equity and drive economic growth in communities and among businesses facing barriers to entry in areas like state contracting

To do so, the Administration is proposing allocating an additional \$15 million for neighborhood stabilization (for a total of \$40 million) to invest in blighted and distressed homes. This funding, paired with collaboration and engagement with community organizations and municipalities, will bring safe, affordable housing units back on the market.

Women, minority, veteran, and immigrant small business owners face disproportionate challenges to accessing capital to grow their enterprises. During the COVID-19 pandemic, gaps worsened for businesses that have not been able to take advantage of federal programs. To allow the state

to invest in more small businesses overall, especially those owned by underrepresented populations, and to leverage greater federal and private investment dollars, the Administration is recommending increasing funding for Community Development Financial Institutions (CDFIs) by \$25 million (for a total of \$35 million), a record increase in this program. These grants to small business lenders allow CDFIs to serve entrepreneurs in underserved populations with financial services, technical assistance, and credit building opportunities.

To help address the disproportionate challenges to accessing early stage business financing, the Administration is asking the Legislature to triple funding for grants to support micro businesses from a total of \$5 million to \$15 million. Massachusetts Growth Capital Corporation (MGCC) recently launched a pilot program called Biz-M-Power, which offers 1:1 matching grants and technical assistance to microbusinesses (fewer than 20 employees) who have successfully crowdsourced up to \$10,000 in seed capital.

"We have an opportu-

nity with this 5-year plan to focus even more of our housing, community development, and business competitiveness efforts on equity and recovery as Massachusetts continues to weather the impacts of the COVID-19 pandemic," said Secretary of Housing and Economic Development Kennealy. "This legislation and our recommended updates tackle the housing crisis through targeted reforms and funding, and invests in the people and places who need support the most, and we look forward to getting this done."

The legislation also includes the language of An Act to Promote Housing Choices, the Administration's bill to advance new housing production in Massachusetts, to promote equitable access to opportunity, and to support the administration's goal to produce 135,000 new housing units by 2025. An Act Enabling Partnerships for Growth includes these Housing Choice provisions to enable cities and towns to adopt certain zoning best practices through a simple majority vote rather than the current two-thirds supermajority.

Downtown Construction Activities

Proposed work activities for the week of June 28th, 2020



- In front of the courthouse, along the inbound lane of the Dennis Ryan Parkway, the contractor will continue forming and pouring concrete sidewalks, begin installing brick pavers at the newly reconstructed island, and continue resetting utility covers. Pedestrians will continue to be detoured to the new sidewalk, adjacent the Hancock Lot parking garage that connects to Cottage Ave. The contractor will continue to maintain access to the courthouse during construction.
- Construction continues to the north and south foundation walls at the General's Bridge project. In addition, the contractor will continue pouring concrete piers with rebar cages along Thomas E. Burgin Parkway for the future bridge abutment foundations.
- The contractor will continue removing demolition debris from the old Commonwealth building site and begin removing sections of the existing foundation this week.
- Demolition of the buildings from the Payless Shoe Source store to the Noodle Design will continue this week.
- Contractor will continue mobilization of the Ross Re-Development area this week. The contractor will continue to perform test pits, set up erosion controls, and delivering equipment and materials. The section of Ross Way between Granite Street to the alley way, adjacent to the South Shore Health building, has been closed and will remain closed for construction activities. The sidewalk along this section of roadway remains open. Traffic management signage has been placed to advise of the access modifications to pedestrians and vehicles.

(The photo on the above left is a picture of the contractor continuing demolition of the Payless Shoe Source stores to the Noodle Design building. The photo on the above right is a picture of the temporary construction fencing at the Ross Lot.)

<https://www.quincyma.gov/mcity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: pmccarthy@woodwardcurran.com

Local 103 IBEW Endorses Phelan For Norfolk County Sheriff

Bill Phelan, a Democratic candidate for Norfolk County sheriff and former mayor of Quincy, announces he has been endorsed by Local 103 of the International Brotherhood of Electrical Workers.

"Local 103 is proud to endorse Bill Phelan for Norfolk County Sheriff. Bill has been a friend and supporter of Local 103 members for almost 20 years, where he has shown his commitment to helping working families," said Lou Antonellis, Business Manager of Local

103.

"Local 103 members trust Bill Phelan to keep Norfolk County safe while also implementing reform that gives those struggling a second chance. Bill will treat everyone with dignity and respect and that's why he has our support," Antonellis added.

Phelan said he has also received the endorsements of Roofers & Waterproofers Local No. 33, Laborers Local No. 88, and International Association of Heat and Frost Insulators Local No. 6.

Woodward School Summer Enrichment Program

The Woodward School announces a four-week Summer Enrichment Program for girls entering grades 4-12, available July 20 - Aug. 14th.

Classes include book clubs, coding, Italian cooking, photography, exploring words, health and wellness, and A Global Questions Seminar for high school students. In addition, Summer Music at Woodward offers private voice and instrumental lessons, by appointment.

"We know many students may be looking for

fun, enriching activities this summer, and Woodward has some great offerings," said the Head of School, Renee DuChaine-Farkes.

"During our rapid pivot to virtual classes, our teachers developed valuable skills around synchronous learning, to make strong connections and provide rewarding educational and enrichment experiences."

For more information, visit the school's website at <https://www.thewoodward-school.org/SummerPrograms>.

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<p>SERVICES</p> <p>(QUINCY ONLY) Summer Special - Save Up to *50% Off (* Labor Only)</p> <p>Senior Discount 10%</p> <p>Pratt & Son, Inc.</p> <p>Roofing, Siding, Windows, Doors & More!</p> <p>PRATTANDSON.COM</p> <p>Steven L. Pratt President</p> <p>Cell: 508.857.9307 Office: 781.326.4144</p> <p>CSL #033706 HIC #100046</p>	<p>SERVICES</p> <p>KERRY CONSTRUCTION INC.</p> <p>CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS</p> <p>FULLY INSURED & LICENSED</p> <p>JIM AT 617-825-0592</p> <p>HOME SWEET HOME REAL ESTATE</p> <p>Broker/Owner Fran Lawlor Wollaston, MA 02170 Member of MLS</p> <p>Cell 617-314-3788</p>	<p>SERVICES</p> <p>IMAGE LANDSCAPING</p> <p>We are committed to your property.</p> <p>QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS</p> <p>We Clean it, Trim it, Remove it!</p> <p>617-471-0044</p>	<p>SERVICES</p> <p>T & M Landscape</p> <ul style="list-style-type: none"> • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <p>Free Estimates</p> <p>617-733-4554</p> <p>~ AFFORDABLE RATES ~</p>
<p>DERRICKS PAINTING When Quality Counts</p> <p>Interior/Exterior Home Repairs Gutter Cleaning References Available</p> <p>617-851-1688</p> <p>Licensed/Insured</p> <p>Kevin O'Connell</p> <ul style="list-style-type: none"> • Landscaping • Gardening • Plantings <p>• Premium Mulches Installed • Home Caretaking</p> <p>617-922-0034</p>	<p>GENERAL CONTRACTING</p> <ul style="list-style-type: none"> • Carpentry • Roofing • Siding • Windows • Painting • Bathrooms <p>Also, Handyman Jobs - Great References -</p> <p>Call 617.980.6558</p>	<p>McEvilly Construction FOR COMPLETE CARPENTRY SERVICE</p> <p>including Windows, Kitchens, Decks, etc.</p> <p>BASEMENT REMODELING</p> <p>HONEST PRICES, FREE ESTIMATES</p> <p>Licensed & Insured</p> <p>Call John 617-512-1188</p>	<p>Jim Riley</p> <p>Riley Construction</p> <p>Commercial & Residential Roofing All Phases Windows and Gutters</p> <p>Quincy, MA 02169 (617) 472-3335 rileyconstruction@live.com</p> <p>Licensed & Fully Insured Mass Reg #138824 Free Estimates</p>
<p>KEVIN'S YARD & LAWN CARE</p> <p>KEVIN CURLEY</p> <p>GREAT WORK DONE AT REASONABLE PRICES</p> <p>857-333-1721</p> <p>KEYSYARD82@YAHOO.COM</p> <p>HALLS FOR RENT</p> <p>MORRISETTE LEGION POST</p> <p>81-83 Liberty St., Quincy Function Hall Available Call for Details: 617-770-4876</p> <p>Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings</p>	<p>PERSONAL</p> <p>THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA</p> <p>J.D.</p> <p>In Loving Memory Doris V. Blake-Menz July 4, 1919 - July 25, 2016 Happy Birthday, Mom. Miss you! Love, Doug</p>	<p>REPORT POTHOLE</p> <p>Potholes are a year- round problem and should be reported to the Department of Public Works.</p> <p>617-376-1914</p>	<p>DG'S YARD MAINTENANCE</p> <ul style="list-style-type: none"> • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <p>Serious about Service... Reasonable Rates</p> <p>CLEAN-UPS</p> <p>617-786-9558...FREE ESTIMATES</p>
<p>J.F. ROOFING Co.</p> <p>QUINCY, MA</p> <ul style="list-style-type: none"> • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows <p>(617)471-8216</p> <p>M&M SALVAGE</p> <ul style="list-style-type: none"> - CLEANOUTS - - CASH FOR CARS - FREE SCRAP REMOVAL <p>617-842-8205</p> <p>ACE WATERPROOFING INC.</p> <p>All Construction Exteriors 35 YEARS EXPERIENCE Licensed and Insured acewpinc@yahoo.com</p> <p>Masonry Waterproofing Roofs Call Jim Healy 617-230-4156</p>			

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Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	DAILY MART 291 Quincy Ave.	COPELAND LIQUORS 273 Copeland St.	MULLANEY'S VARIETY 205 W. Squantum St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	ROCHE BROTHERS The Falls	7-11 Copeland St.	STOP & SHOP 65 Newport Ave.
HANCOCK MARKET 5 Cottage Ave.	WALGREENS 418 Quincy Ave.	JOE'S PLACE 260 Centre St.	7-11 363 Hancock St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	ARTERY GROCERY 1000 Southern Artery	CORNER FOOD MARKET 1060 Hancock St.	WALGREENS 324 Hancock St.
STAR MARKET 130 Granite St.	7-11 495 Washington St.	200 FOOD MART 200 Sea St.	SAM'S VARIETY 125 Billings Rd.
WALGREENS 132 Granite St.	DAIRY FARM 330 Washington St.	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
HANCOCK PARK LOBBY SHOP 164 Parkingway	7-11 230 Washington St.	PALMER STREET MARKET 231 Palmer St.	5 CORNER FOOD MART 163 Newbury Ave.
FRANKLIN ST. BP 60 Franklin St.	STOP & SHOP Southern Artery	BERNIE'S GENERAL STORE 1147 Sea St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
7-11 78 Franklin St.	CVS Southern Artery	WEST ELM VARIETY 139 W. Elm Ave.	CARMINE'S CAFE 69 Huckins Ave.
SHOP N SAVE LIQUORS 20 Independence Ave.	WALGREENS 550 Adams St.	7-11 721 Hancock St.	7-11 751 E. Squantum St.
ADAMS VARIETY 22 Independence Ave.	7-11 650 Adams St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.	LUCKY SHAMROCK 265 Beale St.
DONUT + DONUTS + MUFFINS 33 Scammell St.	7-11 678 Adams St.	CVS 42 Beale St.	ANDRE'S STORE 20 Brook St.
PRESIDENTIAL LIQUORS 25 Scammell St.	VILLAGE COMM. MARKET 100 Willard St.	COFFEE BREAK CAFE 12 Old Colony Ave.	EVEREST MARKET 121 Standish Ave.
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The Quincy Sun

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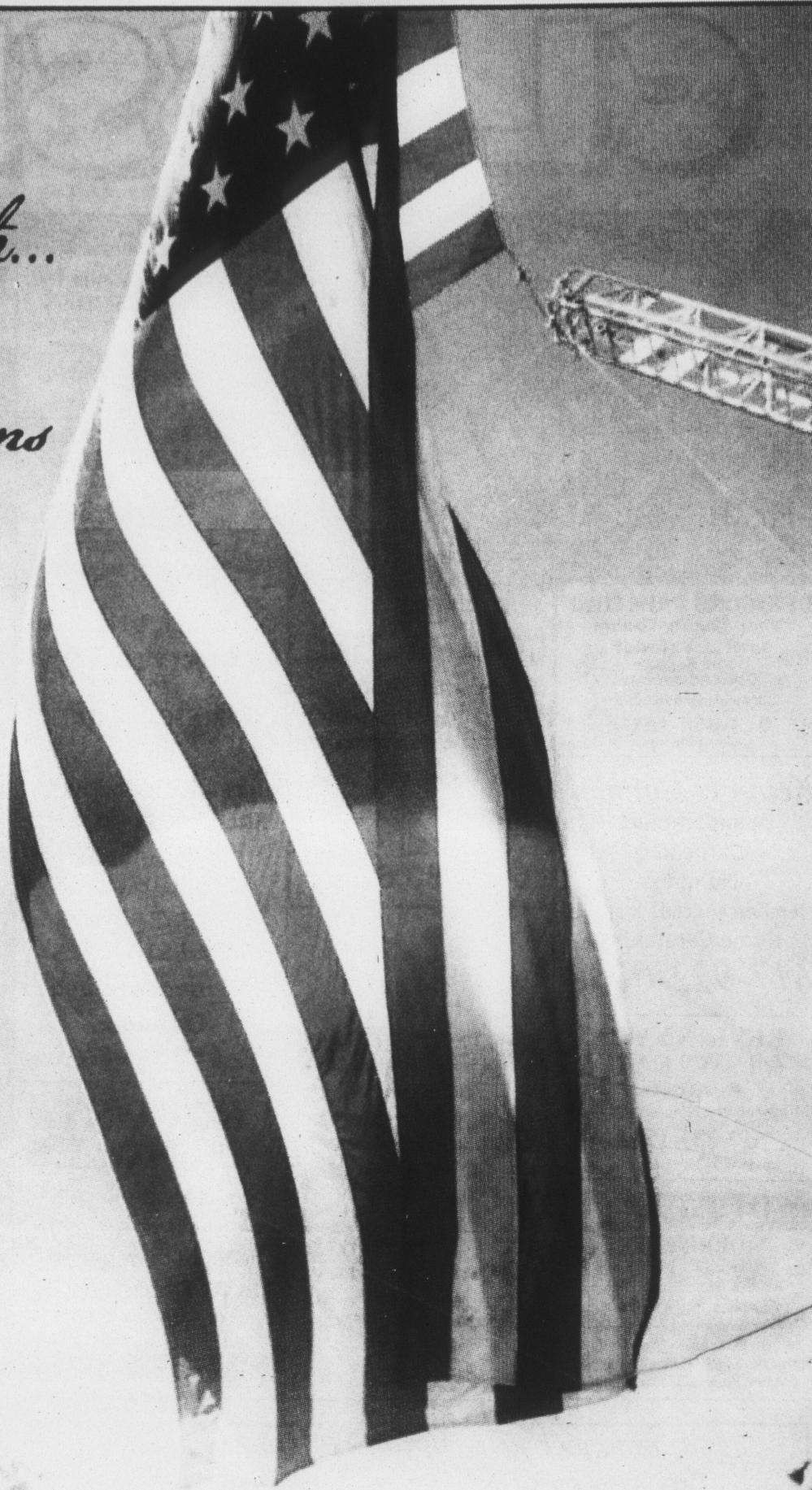
INDEX	RATES	
<input type="checkbox"/> Services	1 WEEK	<input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
<input type="checkbox"/> For Sale	2-4 WEEKS	<input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
<input type="checkbox"/> Autos	5-10 WEEKS	<input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
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<input type="checkbox"/> For Rent		
<input type="checkbox"/> Wanted		
<input type="checkbox"/> Help Wanted		
<input type="checkbox"/> Work Wanted		
<input type="checkbox"/> Pets		
<input type="checkbox"/> Lost & Found		
<input type="checkbox"/> Real Estate		
<input type="checkbox"/> Antiques		
<input type="checkbox"/> Flea Markets		
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*It will be celebrated with...
pomp and parade...
bonfires and illuminations
from one end of this
continent to the other.
—John Adams*



HAPPY
4th of July

Mayor Tom & Christine Koch

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